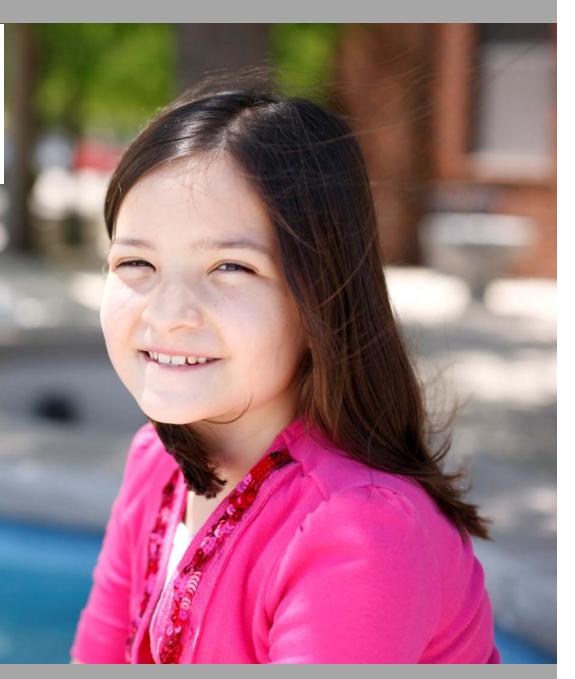
Wellness Alliance for Total Children's Health of Denton County

led by Cook Children's

WATCH Coalition
Meeting

November 20, 2015



"Because every child deserves hope..."

Engage the community

Sustain a strong network

Access to information & resources

Monitor children's health issues



...supporting parents and caregivers by putting research to practice through training, mentoring, advocacy, & collaboration.

WATCH Wellness Workshop: Making sense of the Autism Spectrum



Kristy Hundt
Parent Advocate

Aimee Vafaie, MD Cook Children's Physician Network – Flower Mound

Tara Pierce, MEd, MS, LPC Lewisville High School – Killough Lisa Pierce, MD
Child, Adolescent, and Adult
Psychiatrist

Mary Villarreal, OTR
Journey Learning Center & Journey
Pediatric Rehabilitation

WATCH Wellness Workshop: Making sense of the Autism Spectrum

96%

- Can effectively use the knowledge and skills learned in their work with children
- Are satisfied with the workshop

"It was helpful to get a broad perspective from different people & professionals."

"This was wonderful. I feel like I got so many new ideas. I can't wait to use them."

"This workshop provided me with lots of tools to continue advocating for my children."

Get help

Kids and teens

Parent

1 Kids and teens / Mental health resources for kids

Mental health resources for kids

Mental health resources for teens

Mental health resources for

Get help

Community calendar

Articles and resources to help kids.

- THOUGHTS/FEELINGS/EMOTIONS
- **▼** BEHAVIORS
- Cheating
- · Dealing with bullies
- · Dealing with peer pressure
- · Five steps for fighting stress
- · How to be a good sport
- · Obsessive-compulsive disorder
- Phobias
- · Taking charge of anger
- Train your temper
- · What kids say about: Bullying
- HOME AND FAMILY

