

MEMBERS PRESENT			OTHERS PRESENT
Janice Bigby	David Huffman	Karly Taylor	Natalia Clark, Children's Advocacy Center
Michelle Brown	Anna Love	Enny Torrez-Yanez	Tracy Maddoux, Denton County MHMR
Jeanne Clark	Larry Mankoff	Jamie Walker	Maria Torres, Love to Live Well
Monya Crow	Whitney McGee	Julie Wright	Tricia Atzger-John, Northwest ISD
Lisa Elliott	Brooke Moore	Dina Yousef	Aryel Lucky, Acorn Counseling
Tiana Gooden	Scott Nguyen		<i>Courtney Barnard, Cook Children's</i>
Christy Graham	Vianey Reinhardt		

AGENDA	KEY DISCUSSION POINTS & ACCOMPLISHMENTS	ACTION ITEMS, RECOMMENDATIONS & NEXT STEPS
Welcome & Introductions <i>Lisa Elliott, PhD</i>	<ul style="list-style-type: none"> The meeting was called to order at 12:15 p.m. Dr. Elliott thanked Denton County for hosting today's meeting. Introductions were made around the room. 	
Approval of the Minutes (ACTION) <i>Lisa Elliott, PhD</i>	<ul style="list-style-type: none"> July 15, 2016 Minutes were reviewed by members online before the meeting. 	<ul style="list-style-type: none"> Motion to approve the Minutes by Tiana Gooden. Julie Wright seconded the motion. Motion carried.
Nominations Process (ACTION) <i>Anna Love, PhD</i>	<ul style="list-style-type: none"> Nominations Committee will meet via email from now through end of October to identify the best Nominee for each position: Chair, Vice Chair, and Nominations Committee Chair. This will be a big transition for the coalition. Lisa, Tiana, and Anna have been in these positions for the past 4 years! Thank you to Monya Crow, Christy Graham, and Lisa Elliott for serving on the Nominations Committee. The Nominations Committee will present the coalition with the slate of nominees on November 4 via email. The coalition will vote on new leadership at the November 18 coalition meeting. New officer terms begin Jan. 1, 2017. Looking at the handout, so far identified nominees are: 	<ul style="list-style-type: none"> If members would like to serve on the Nominations Committee, contact Anna Love at anna@lovetolivewell.com Members can nominate any active member (including themselves). Contact Anna with any nominees to be considered by October 1. Roles and responsibilities for each position are listed in the coalition Bylaws. These are online at www.watchdenton.org/about/watch-membership/

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	<ul style="list-style-type: none"> ○ <u>Chair</u>: Tiana Gooden ○ <u>Vice Chair</u>: Kamilah Hasan ○ <u>Nominations Committee</u>: none yet ○ If Kamilah gets the nomination, her current position as <u>Membership Committee Chair</u> will also be open to fill ● Members used the Nominations Process handout to identify potential nominees for the open positions. Names nominated included Vianey Reinhardt and David Huffman. 	
<p>Coalition Updates <i>Whitney McGee, PsyD</i> <i>Tiana Gooden, LCSW</i> <i>Lisa Elliott, PhD</i></p> <p>Wellness Workshop Series</p>	<ul style="list-style-type: none"> ● Thanks to all of the Education Work Group members who have worked with First 3 Years to plan our fall workshop series ● Workshops are on the first Friday of the month from 8:30-10:00a ● Denton ISD and Lewisville ISD are hosting the workshops in their Admin Buildings – thank you! ● Workshops are free to attend; \$5 for CEUs at time of registration to help reduce our no-show rate. ● The first workshop was September 2: David Huffman, Unique Benefits of Fathers <ul style="list-style-type: none"> ○ 20 people in attendance; small but engaging ○ Thank you to David Huffman, Marc Thompson and David Taylor for presenting! ● 3 takeaways from the presentation include: <ul style="list-style-type: none"> ○ “I can tell how you feel about your father based on the look on your face when responding to a question about him.” ○ Fathers play an equally important role in the lives of children and grown children as mothers. ○ Challenged those in attendance (providers) to be introspective of their own thoughts and assumptions about fathers. 	<ul style="list-style-type: none"> ● Members suggested having an image, instead of PDF file, to use to market the workshops on social media. ● Members can help promote the workshops by sharing the fliers and emails.

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<p>watchdenton.org (ACTION)</p> <p>Okay to Say Movement</p> <p>Other Business</p>	<ul style="list-style-type: none"> ● October 7: Lena Zettler, Trauma-Informed Care and Brain Architecture Game ● Every month members have an opportunity to share their expertise on the website with a monthly tip. ● For September the Denton Regional Suicide Prevention Coalition shared their tips for Suicide Prevention ● As we have discussed before, WATCH has been working with United Way's Behavioral Health Leadership Team (BHLT) on the Meadows' Okay to Say Campaign. ● WATCH and the Center for Children's Health have contributed \$5,000 to the campaign movement to help promote children's mental health pieces. ● BHLT is working with Meadows to create some child-focused media pieces, including some with local facts and data (CCHAPS data, too). ● We will spend time at our November meeting reviewing the new media pieces and deciding where to display/disseminate them. ● WATCH was invited to have a table at several back to school events and resource fairs at Denton, Lewisville, Lake Dallas, and Northwest ISDs. ● We reached approximately 4,000 children, parents, and school counselors! Thank you to all who helped! ● WATCH plans to host our Art Contest again in the spring. We will meet to plan the art contest and display of artwork. Courtney will send an email. All are invited. 	<ul style="list-style-type: none"> ● Members signed-up to provide content for the website in 2016: <ul style="list-style-type: none"> ○ October: Enny Torres-Yanez, Domestic violence ○ November: Julie Wright, Diabetes ○ December: Brooke Moore, Dropout prevention ● Members received a brochure about Okay to Say. Contact courtney.barnard@cookchildrens.org for a brochure or more information about Okay to Say. ● Members can email ideas about dissemination to lisa.elliott@cookchildrens.org or Courtney. ● Members are encouraged to attend the planning meeting on Thursday, November 10 at 1:30-3:00 pm. ● Courtney will send additional information and reminders.

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<p>LOSS Team Presentation <i>Tracy Maddoux, LMSW, LCDC, QMHP</i></p>	<ul style="list-style-type: none"> • Denton County has a Local Outreach to Suicide Survivors (LOSS) Team, one of three in Texas. • LOSS Team provides on-scene and delayed response activities to suicide survivors. Offers support, resources, and hope to family and friends who are impacted by the death of their loved one. • The Team is comprised of one part-time paid staff member and volunteers. • The LOSS Team is a postvention model that can prevent additional suicides (survivors can have a 10 times greater risk of suicide than the general population). 	<ul style="list-style-type: none"> • Members can view Tracy's powerpoint slides in the meeting packet for more information. • You can support the LOSS team by: <ul style="list-style-type: none"> ○ Volunteering as a team member (either as a survivor of suicide or as a mental health professional) ○ Mental health professionals can open or reserve slots for family members who receive services by the LOSS team ○ Donate items for clients of the LOSS Team: pens, notepads, books and stuffed animals • Contact Tracy Maddoux for more information at tracym@dentonmhmr.org
<p>2015 CCHAPS Data Discussion (ACTION) <i>Courtney Barnard, LMSW</i></p>	<ul style="list-style-type: none"> • Several members and Leadership Team have requested that WATCH spends time reviewing the 2015 CCHAPS data for Denton Co. • Leadership Team suggested looking at data points for mental health, as well as other issues that affect mental health; to identify where WATCH fits in with the data; and possible next steps. • Members were split into small groups. Each took a different issue and discussed: obesity, abuse, access and awareness, mental health. • Members used various materials to review the data and suggest action steps: Discussion questions, CCHAPS data pdf from Summit, Data wheel, Strategic Plan • Notes about the data: <ul style="list-style-type: none"> ○ Data from Denton Co only (2009, 2012, 2015) ○ Red, yellow, green arrows are statistically significant ○ Parent perception survey, not actual occurrence. Tells what, not why. 	

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	<ul style="list-style-type: none"> • Each table shared brief conclusions about the data • Mental Health: <ul style="list-style-type: none"> ○ Need to know how “academic problem” was defined – grades or attendance ○ Data wheel indicates an increase in children receiving support – is this because there’s an increase in occurrence of mental health issues or an increase in access of services? This would affect the recommendations. • Abuse/Neglect: <ul style="list-style-type: none"> ○ There is a slow increase in occurrence of abuse and neglect, while parent engagement and nurturing decreases. ○ This may mean there is more parental distress in general and that parents are not coping. • Obesity: <ul style="list-style-type: none"> ○ BMI rates and parent concern remain static, while healthy eating habits decreased. ○ One theory offered: Kids are active doing extra-curricular, but parents are going through the drive-thru for quick, unhealthy meals. ○ Recommendation: give parents tools in person and on social media about healthy eating. Not just about feeding our bodies, but also our brains. ○ Recommendation: WATCH can partner with and/or bring people to the table (Communities in Schools, RSVP, Denton Hunger Coalition) to support community gardens for kids and give surplus to local food pantries. • Access and Awareness: <ul style="list-style-type: none"> ○ Access to physical health services remains static, and access to dental care has increased due to local programs. ○ Access and awareness of mental health services and awareness of social services have decreased. 	

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	<ul style="list-style-type: none"> ○ This may be because not all families have access to resources online and we may need to print resource guides and materials. ● Bullying: <ul style="list-style-type: none"> ○ Rates of bullying and cyberbullying have increased, and are now beginning around age 9 (previously began around age 14). Some parents do not know if their child has experienced cyberbullying. ○ This may be because children now have access to screens; the smaller, the more bullying can occur (i.e. phones, ipods, tablets, video games, tv/movies, online). Children also often need screens for educational purposes. ○ Technology is also fast-paced and parents may not be able to keep up with new apps, services, social media, etc. ○ Recommendation: Parent education about age appropriate technologies, how to monitor, and enforcing consequences. Also commend parents who address bullying issues if their child is the bully. 	<ul style="list-style-type: none"> ● Members asked to continue the conversation about the data at the November meeting.
<p>Community Conversations <i>Lisa Elliott, PhD</i></p>	<ul style="list-style-type: none"> ● Ran out of time to open the floor for Community Conversations. 	<ul style="list-style-type: none"> ● Members can forward information to Courtney, Courtney.Barnard@cookchildrens.org. She will share it with the coalition upon receipt. ● Events shared will be posted on the Community Calendar.
<p>Adjournment and networking <i>Lisa Elliott, PhD</i></p>	<ul style="list-style-type: none"> ● The meeting was officially adjourned at 1:35 p.m. 	<ul style="list-style-type: none"> ● Next coalition meeting is Friday, November 18th, 2016, 12:00pm @ Denton County Health Department.