

Listed in this pamphlet are counseling and support organizations, agencies, and individuals, public and private, who perform a variety of services in or near the Denton area. This list is offered strictly as a resource and should not be considered a recommendation, referral, or endorsement to any particular service provider. This list is not all inclusive and is offered only for your convenience.

For more information regarding the list of services offered in this pamphlet, please contact:

Larry Mankoff, Supervisor Student and Employee Assistance Programs  
(940) 369-0598 or email: [lmankoff@dentonisd.org](mailto:lmankoff@dentonisd.org)

Enlistados en este folleto hay servicios de consulta y organizaciones de asistencia, agencias e individuos, públicos y privados, los cuáles desempeñan una variedad de servicios en o cerca del área de Denton.

Para más información, por favor llame a la Oficina de Servicios Sociales al (940) 369-0598.

### **ON-LINE ACCESS TO THIS DOCUMENT**

This document can also be viewed with active links on the Denton ISD Counseling Services Webpage by following the steps below:

- Go to the DISD homepage at [www.dentonisd.org](http://www.dentonisd.org)
- Click the top tab that says “Departments”
- Click Counseling Services
- Click Community Support Programs

For more information please visit the following website:  
**[www.dentonisd.org](http://www.dentonisd.org)**

*Revised for the 2012-2013 school year*

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# Community Mental Health and Substance Abuse Services

*(please read “A Word About Counseling Services” page 9)*

**MHMR HOTLINE (800) 762-0157 (FOR URGENT CRISIS ONLY)**

## **Centro de Consejeria (con CCD)**

Counseling services in Spanish through CCD  
(940) 382-5328 ext.20 (Lewisville only)

## **Chrysalis Intensive Group Treatment**

Outpatient treatment for eating disorders  
(940) 382-5688  
[www.northtexaseatingdisorders.org](http://www.northtexaseatingdisorders.org)

## **Cook Children’s Behavioral Health**

**(940) 484-4311**

Child and Adolescent Therapy, Parenting and Life Skills, Medical and Health Issues, Developmental Issues, Psychological and Neuropsychological Evaluations. Accepts CHIPS, Medicaid, and most other insurers

## **Counseling Center of Denton (CCD) Family Tree Program**

### **FAMILY TREE PROGRAM**

Provides 6 free counseling sessions, 6 free parent skill classes/groups, 6 free life skills groups. Available to families of youths ages 0–17.

Universal Child Abuse and Neglect Prevention Programs

Contact: Cynthia Easley at (940) 387-7517

or (888) 837-0666 [www.ccd.counseling.com/Family Tree](http://www.ccd.counseling.com/FamilyTree)

Spanish Speaker (Lewisville)

Doug Scott (940) 382-5328 ext. 20

**CHEMICAL DEPENDENCY PROGRAMS** Assessment, evaluation, intervention, and support for the chemically dependent adult, and their family members. Sliding scale, insurance, and self-pay.

### **DIVORCE SANITY**

Divorce related counseling, social studies for adoption and custody cases, supervised visitation and exchanges, and Parallel Parenting (education workshops for divorced and divorcing parents)

Bilingual counselors are available.

Sliding scale, insurance, and self-pay.

**Contact: Cindy Jacobson for CCD Programs at (940) 382-5328 extension 17  
[www.ccdcounseling.com](http://www.ccdcounseling.com)**

**Denton County MHMR Center**

**(940) 381-5000**

24 hour Crisis Line (940) 387-5555 or (800) 762-0157

The Regional Mental Health and Mental Retardation Authority

**ADULT MENTAL HEALTH SERVICES:**

Psychiatry and Medication, Crisis Services, Respite, Case Management, Counseling & Therapy, Community & Family Support Programs, Assertive Community Treatment, Community & Hospital Liaison, Psychosocial Rehab, Intake and Referral, Connections and Supported Employment

**CHILDREN AND ADOLESCENT SERVICES:**

Psychiatry and Medication, Crisis Services, Case Management, Cognitive Behavioral Therapy, and Family Partner Wrap Around

**INTELLECTUAL AND DEVELOPMENTAL DISABILITY SERVICES**

Residential, Eligibility Determination, Service Coordination, Community Support Services, Respite Services, Employment Assistance, Supported Employment, Specialized Therapies, Vocational Training, Day Habilitation, In-Home & Family Support, and Home & Community Based Services

**Denton Treatment Services**

Treatment for addiction to heroin and other opiates.

Call 5:30 am – 11 am M-F 7 am – 9:30 am Saturday,

Closed Sunday (940) 483-0644

**The Excel Center in**

**Lewisville**

**(972) 906-5522**

A specialized day treatment center meeting the emotional, behavioral and/or chemical dependency needs of children and adolescents ages 5 to 18. We offer:

- Assessments at no charge
- Partial hospitalization and intensive outpatient programs Monday through Friday.
- Chemical Dependency treatment for Adolescents ages 14-18
- A TEA approved Charter School while in treatment
- Mobile Assessment Team within one hour as available to the school or at the Facility
- Multi-family groups and aftercare
- Transportation is offered upon admission at no charge as available.

[www.theexcelcenter.com](http://www.theexcelcenter.com)

### **Green Oaks Hospital**

**972-991-9504**

Green Oaks is a system of psychiatric care consisting of two inpatient facilities, as well as multiple outpatient programs and clinic locations in North Texas. Green Oaks offers Mental Health and Chemical Dependency care for Adults, Adolescents and Senior Adults. Comprehensive Psychiatric Services are provided for Acute Inpatient Care, Crisis Stabilization, medication stabilization, Day Treatment and multiple outpatient programs which are offered both day and evening hours in North Texas. Free assessments, support groups, aftercare, community education, and referrals.  
greenoakspsych.com

### **Horses, Heart & Soul**

**(214) 596-8300**

Equine facilitated psychotherapy (no riding involved). Children, teens, and adults with specialization in trauma, grief, and life transitions. Sessions with horses are in Pilot Point.

Sara B. Willerson, LCSW    [www.horsesheartandsoul.com](http://www.horsesheartandsoul.com)

### **Immaculate Conception**

Counseling services in English    (940) 565-1770

### **Millwood Hospital**

**(817) 261-3121**

Millwood Hospital is a mental health and chemical dependency center that treats individuals ages 5 and up. Inpatient, Partial Hospitalization and Intensive Outpatient programs available. For more information contact the Access Center (817) 261-3121.

### **NorthPointe Family Center**

**(940) 382-8100**

Outpatient mental health treatment for children and adolescents ages 5-18.

Services include:

- No Fee Assessments
- Behavioral and Emotional Issues
- Chemical Dependency Treatment

Individual case management

Full educational case management with a state certified public school teacher

- After admission, transportation is available from several drop-off/pick-up locations at no additional cost.

- [www.ubhdenton.com](http://www.ubhdenton.com)

### **Riding Unlimited**

**(940) 479-2016**

Provides therapy for the disabled community through horsemanship and other equine related skills. [www.ridingunlimited.org](http://www.ridingunlimited.org) Contact:

Mary Gwinner, Program Director

**CEMA of North Texas**

**(formally Sharp Focus Counseling) (940) 381-5010**

All psycho-educational testing, play therapy, adolescent substance abuse and anger management groups, parenting classes, custody evaluations/disputes. Christian counseling and mediation services.  
cema-nt.com

**Spirithorse Therapeutic Riding Center**

**(940) 497-2946**

or [www.spirithorsetherapy.com](http://www.spirithorsetherapy.com) or [info@spirithorsetherapy.com](mailto:info@spirithorsetherapy.com)  
To improve the quality of life of people with disabilities, at-risk youth, and children who are victims of crime and abuse through interaction with horses. Assisting people with Special Needs to achieve full potential through interactions with horses.  
Contact: Charles Fletcher

**Santé Center for Healing**

**(800) 258-4250 / (940) 464-7222**

Residential Comprehensive Addiction Treatment  
For Adults and Professionals (46 Beds)

- Substance Use Disorders
- Process/Behavioral Addictions
- Sexual Compulsivity and Addiction / Love and
  - All Eating Disorders (Males & Females)
  - Gambling, Internet/Gaming
  - Co-Occurring Psychiatric Disorders
    - Trauma / Chronic Relapse
  - Cognitive & Experiential Therapies
- Professional, Legal & Safety Sensitive Issues
  - Strong Family Component
- Medical Detox, Interventions, 28 Week IOP,

**Timberlawn Psychiatric Hospital Dallas, Texas**

**(214) 381-7181**

Psychiatric and substance abuse treatment – Free Assessment  
Ages 4 to geriatric with 8 separate units  
Most insurance accepted including Medicare and Tri-Care

**TWU Counseling and Family Therapy Clinic**

**(940) 898-2600**

Counseling with individuals, couples, and families. Problems dealt with include child misbehavior, truancy, school failure and runaways.  
Rollercoasters: a 6 to 8 week program for children ages 5-12 experiencing disruption or change in their families due to changes in living arrangements, divorce, separation of parents or other family challenges.



\$10.00 Sessions for children, parents, and families of the Denton ISD  
Call for appointment. Evening appointments available.  
Office Hours: Mon. – Thurs., 1 p.m. - 9 p.m.  
Department Chair: Dr. Larry LeFlore

**UNT Child and Family Resource Clinic**  
**(940) 565-2066 Fax: (940) 565-2330**

Web site: [www.coe.unt.edu/cfr-clinic](http://www.coe.unt.edu/cfr-clinic) Services offered include interdisciplinary assessment; counseling for children, adolescents, adults, and family counseling; and parent education classes. Sliding fee available.  
Hours: Monday-Thursday 8:00 am - 8:30 pm  
Director: Dr. Dee Ray

**UNT Counseling and Human Development Center**  
**(940) 565-2970 Fax: (940) 565-2905**

Services offered include individual counseling, Play therapy ages 3-11, Activity Therapy ages 11 up, couples, and families. Sliding fee available. Hours: Mon. – Thurs., 9 a.m. – 8:30 p.m.

**UNT Psychology Clinic**  
**(940) 565-2631**

The Clinic is staff with licensed psychologists and doctoral-level students to provide therapy and psychological testing to children, adolescents, adults, couples, and families. The clinic also provides ADD/ADHD evaluations.  
Sliding Fee Scale Monday-Thursday 8 a.m. to 8 p.m., Friday 8 a.m. - 5 p.m  
Email: [psychologyclinic@unt.edu](mailto:psychologyclinic@unt.edu)

**University Behavioral Health of Denton (UBH)**  
**(940) 320-8100 or (888) 320-8101**

Mental Health & Chemical Dependency Care for  
Children-Adolescents-Adults-Senior Adults Comprehensive Psychiatric Services  
– No Charge Initial Assessments Services include: Inpatient Crisis Stabilization,  
Partial Hospitalization Programs, Intensive Outpatient Programs, Outpatient Referrals, Community Education, and Continuing Education Programs. Inpatient Services for children and adolescents include:

- Crisis Stabilization
- Medication Adjustments
- Chemical Dependency detoxification and treatment

[www.ubhdenton.com](http://www.ubhdenton.com)

## A Word About Seeking Counseling Services....

Before seeking care for your family and/or child, remember that you are a consumer of counseling services and you have the right to ask questions.

Here are a few you may want to consider:

- Is the therapist, clinic or hospital certified, licensed, or accredited to provide the services you need?
- Is this service covered by any benefits (insurance, employee assistance program, Medicaid) you or your family may be entitled to?
- Is there a sliding fee scale?
- As a parent, how will I be involved in supporting my child?
- What are the costs out of your pocket both as co-pay and when the insurance runs out?
- Is help available through the DISD Student Assistance Program in negotiating fees with an agency or provider?
- If you are having problems with your child, how much will the therapist or treatment center work with you? (The majority of change in children's behavior comes about from changes in the parental response to the child's behavior. If the therapist or treatment center does not work with you at least 50% of the time, change is unlikely.)

For psychiatric or substance abuse hospitalization, consider these questions:

- Have you investigated more than one facility? Programs differ regarding family involvement, length of stay, credentialed staff, weekend and evening programs, and after-care. A detailed plan up front and within 3 days of admission should be discussed for how the center will spend your in-patient hospital benefits both during and after treatment. Request a detailed, inclusive breakout for all of your expenses including out-of-pocket costs. Request this in writing.
- What are the policies regarding coordination with the schools during and after treatment? The circle of care is critical in your child's recovery.
- Can your child be taken out of treatment at your discretion?
- Will the school counselor or nurse be included in the discharge plans?
- What is the hospital's policy regarding treatment and follow-up after the insurance is gone? Ask this at the outset of treatment.
- Do you as a parent feel pressured to hospitalize your child? If so, then seek other opinions regarding this critical choice.

# Area Support Services and Agencies

## **Aging and Disability Resource Center (ADRC) (877) 229-9084**

Help people get connected to services related to various disabilities and age-related concerns.

## **Ann's Haven VNA (940) 349-5900**

Support groups for those who have lost a loved one.  
Full service home health hospice service for terminally ill patients.  
Hospice covered by insurance: Medicare, Medicaid and some insurance.  
Medically indigent funding as available. Does not provide sitter service.

## **Big Brothers Big Sisters (940) 383-4441**

Adult companionship on a one-to-one basis for children 7-14.  
[www.bbbsnt.org](http://www.bbbsnt.org)

## **El Tesoro de la Vida Grief Camp (817) 831-2111**

Camp Fire USA First Texas Council's camp for children who have experienced the death of a loved one. Serving children ages 6-17  
A one-week resident camp located on the Brazos river in Granbury, Texas. Traditional camp activities are combined with group therapy to allow children to have all the fun of being a kid while learning to understand and deal with emotions that surround the death of a family member.  
Financial Assistance is available.  
For information call: Lydia Goetz at (817) 831-2111

## **CHADD (Children & Adult's ADD)**

*Local Chapter*

Meets 1st Friday of every month  
Savannah Clubhouse (East Hwy 380)  
6 p.m. - 8 p.m. More information call Carol (214) 664-1798  
[www.chadd.org](http://www.chadd.org)

## **Cumberland Presbyterian Children's Home (940) 382-5112**

Sliding fee scale based on family income.

CPCH provides a single parent family program for single parents and their children. All youth and families receive case management and therapy while in care. CPCH offers counseling, parenting classes and therapy to the community. Cumberland (CPCH) provides residential care to youth ages 3-18 referred to CPCH by Child Protective Services (CPS). Love and Logic staff development training upon request. Intake Coordinator: Jennifer Livings ext. 252

**Family P.D. - Family Services Unit**

**Richard Godoy (940) 349-7909**

Comprehensive crisis management services to victims of:

Family violence, sexual assault, child abuse, runaways, aggravated assault, at-risk youth, families in crisis, survivors of homicide, attempted suicide, survivors of suicide. On-site counseling, short term individual, family, couples counseling, family mediation, school and home follow-up visits, emergency assistance, and referrals to social service agencies. Dept. cell (940) 391-7477

**Faith Presbyterian Hospice**

Faith believes each moment matters and provides physical, emotional and spiritual care for patients with life-limiting illnesses and their loved ones. Faith also offers many complimentary therapies, including pet therapy, massage, aroma therapy and music therapy. We are a not-for-profit organization and are able to accept Medicare, Medicaid, private pay and most insurances

Jessica Givens, Community Liaison

Faith Presbyterian Hospice

214-893-6895 Cell / 972-239-1500 Office

**Friends of the Family (940) 382-7273 or**

**(800) 572-4031 (24-hour crisis line)**

Trained staff and volunteers. Seven days a week crisis line for rape and assault survivors, their family and friends.

Outreach office & Family Services

(940) 387-5131 [www.dcf.org](http://www.dcf.org)

**Health Services of North Texas (940) 387-5788**

Services include outpatient clinic, medical case management, mental health services, assistance with: prescriptions, insurance, and housing, nutrition center, and transportation for clients who are living with HIV/AIDS and their families.

**Immaculate Conception Church**

Counseling services in English and Spanish

Eligibility, services and assistance vary dependent on needs and availability of funds

Betty Kay (940) 391-1919

**JAM — Juvenile Anger Management**

Life Issues Interventions and Training (940) 243-2200  
JAM (Juvenile Aggression Management Class) - One day seminar GOP  
(General Offenders Program)  
for non-aggressive antisocial behavior

**Pinnacle Health Technologies (940) 898-1787**

**Drug Screening**

Walk-in urine drug screens without doctor's orders. Ask for quantitative results.  
5 panel (5 common drugs of abuse) drug screens cost \$35.  
10 panel drug screens are \$45.  
Negative results same day; Positive results 24-48 hour turnaround.

**PFLAG**

Parents, families and friends of lesbians, and gays. Support and information.  
www.pflag.org or email: info @plagdenton.org

**Planned Parenthood (940) 891-0737**

**Serve Denton - Wheeler Center (940) 597-3308**

Information on Denton non-profits and services go to:  
servedenton.org

**Texas Health and Human Services (940) 320-5700**

Help with food stamps & Medicaid  
Medical, Dental, Vision  
SNAP (food stamps) & CHIP  
3612 E. McKinney  
Hours: 8 a.m. - 5 p.m. Mon-Fri

**Woman to Woman Pregnancy Resource (940) 383-4494**

521 North Locust, Denton, Texas  
Offers free pregnancy testing, volunteer counseling, information  
on adoption, abortion information, pregnancy, and STD.  
Advocates for the mother and pre-born child.

# Community Health Services

**EMERGENCY – 911**

**Non-Emergency Police Number – (940) 349-8181**

## **Denton County Health Department (940) 349-2900**

535 South Loop 288, Suite 1003, Denton, TX 76205

Child Health Clinic - Services provided to well children up to 21 years of age including education, assessment and developmental screenings.

Primary Care - Diagnosis and treatment of minor illness and injury

Prenatal Services - prenatal care, nutrition counseling and education provided for women on the WIC program

Immunization Clinic - Available to anyone in Denton needing immunizations.

Routine childhood vaccinations are \$10 per shot.

Other Denton County Health Department programs: HIV testing, STD testing, TB clinics, blood pressure, diabetes, and lice checks.

## **Denton Community Health Clinic (940) 600-7527**

Primary health care services offered by bi-lingual providers for:

Diabetes, Heart health, immunizations for adults and children, well woman health care, cancer screening, discounted blood work and x-rays.

Fees are dependent on ability to pay and may be free if individuals meet governmental guidelines.

## **Denton County Indigent Health Care Program (940) 349-2940**

535 South Loop 288, Suite 1052, Denton, TX 76205

Provides assistance in payment of medical bills for qualified applicants

## **Denton Regional Day School Program for Deaf (940) 369-4075**

Education for deaf from birth through age 22. A parent-infant advisor will visit and train parent to work with baby. Information on deafness, hearing aids and audiological tests. most hearing-impaired infants are eligible to receive services.

## **Denton Regional Medical Center (940) 384-3535**

An acute care hospital that provides comprehensive women's and children's services, emergency care, and a wide array of outpatient diagnostic services.

**Health Services of North Texas Primary Medical Care (940) 387-5788**

Comprehensive health services for children and adults. Treatment includes  
Preventive care, acute and chronic physical and mental health care.  
Affordable health care regardless of ability to pay.  
Medicaid, Medicare, CHIP, and Sliding Fee  
4310 Mesa Drive Denton

**Health Services of North Texas Mental Health Services (940) 381-1501**

Mental health services include screening, assessments and therapy For  
depression, anxiety disorders, relationship issues, substance abuse  
Individual, group, marriage and family counseling  
4210 Mesa Drive Denton

**Interfaith Ministries (940) 565-5479**

Assistance with eye exams and eyeglasses for school district students.  
Apple Tree Project, Utility, Rent and Prescription Assistance.  
Assistance with vital records  
Monday - Thursday,  
9:00 a.m. - 11:45 a.m., Friday 1:00 - 3:00 p.m.

**One Sight Program (940) 220-2122**

Free eye exams and glasses at Target  
*Requires a letter from the school nurse with  
student name, address and phone number along with district tax ID*

**Kiwanis Club Children's Clinic (940) 387-6323**

225 W. Hickory, Ste. A  
Provides financial assistance for medical and dental services for children  
through 18 years of age. For low income families not on Medicaid or insurance.  
Must complete application. Bring proof of income and utility bill.  
Non-English speaking bring a translator.  
Mon-Wed-Thurs-Fri 9:00 - 12:00 & 2:00 - 5:00 pm  
Tues 2:00 - 5:00 pm ONLY

**LaunchAbility® (469) 385-7280**

Helping children and adults with developmental delays  
and disabilities achieve their maximum potential. Programs include:

- Early Childhood Intervention (ECI): provides therapies & other support to babies and toddlers, birth to 3 years old, with developmental delays and disabilities in their natural environment. Child Care Champions™: train child care workers to interact effectively with children of all type of abilities.
- Supported Employment Services (SES): helps adults with intellectual disabilities find the job that's an optimal fit for their skills & interests.

**DARS Inquiry line: 1-800-628-5118**

**Medicaid Client Hotline** – Your questions answered (800) 252-8263  
**Medicaid for children** – CHIP Application (800) 647-6558

**MSN HomeCare (214) 341-3796**

MSN provides services for medically fragile children and adults to include those with multiple diagnosis such as Traumatic Brain Injury, Cerebral Palsy, Spinal Bifida, Seizure Disorders, etc.  
www.msnhealth.com

**Su Familia Health Promotion Advisors (866) 783-2645**

**Servicing Denton County**

Bilingual information specialists refer callers to one of over 20,000 local health providers, including nation-wide community and migrant health centers.

Callers can also request basic information regarding asthma, cancer screening, cardiovascular disease, immunizations, domestic violence and HIV/AIDS.  
Monday – Friday 9 - 6 EST

**Texas Dept. of Health Services (940) 320-8275**

Children with Special Health Care Needs (CSHCN)

Case management services for critically ill and disabled children. Financial assistance to meet special medical supply needs. Call for more information.

Hours: M – F, 8 a.m. – 5 p.m. Contact: Peggy White  
(888) 456-2770 ext. 8275

**Texas Health Presbyterian Hospital Denton (940) 898-7000**

A 255 bed hospital featuring more than 43 specialties, including women's and children's, emergency, cardiovascular, and a wide range of clinical and outpatient diagnostic services.

Physician Referral and Health Line 1-877-847-WELL (1-877-847-9355)  
TexasHealth.org

**TWU Dental Hygiene Clinic (940) 898-2888**

Cleaning and x-rays with advanced students under supervision.  
Fluoride treatments, sealants, whitening

**TWU Speech Language Hearing Clinic (940) 898-2285**

Speech evaluation and therapy. Hours: M – F, 8 a.m. – 5 p.m.  
Evaluation: \$75. / \$15.00/session

**UNT Speech and Hearing Center (940) 565-2262**

Diagnostic and remediation services for any individual with communication problems. Sliding fee scale. Hours: M – F, 8 a.m. – 5 p.m.  
Evaluation: \$75. \$20-\$40/session

**WIC (Women, Infants, and Children) (940) 349-2930**

Nutrition counseling and food assistance for pregnant women and children birth to 5 years old.



# Housing, Clothing, and Emergency Shelter

## **Community Food Center (940) 382-0807**

109 W. Sycamore Free emergency food. (limited to four times a year)  
Hrs.: M – F, 1 – 3 p.m. (except holidays), ID required.

## **Denton Affordable Housing Corp. (940) 484-7048**

Non-profit organization. Information and assistance in acquiring housing.  
Mon-Fri 9:00 am - 5:00 pm  
Executive Director, Jane Provo

## **Friends of Family Thrift Shop (940) 387-1750**

Clothing and shoes for all ages. Small charge.  
Mon. – Fri., 10 a.m. – 6 p.m. & Sat. 10 a.m. – 6 p.m.  
1614 W. University Blvd.

## **Goodwill Industries (940) 566-0398**

Clothing, shoes, etc., small fee. Monday – Saturday, 9 a.m. – 7 p.m.  
2030 W. University Drive

## **HOPE, Inc.**

### **117 W. Sycamore, Denton, Texas (940) 382-0609**

Transitional housing including financial assistance and life skills training for a period of one month up to 2 years. Assists families with dependent children who are homeless or at risk, but have the desire and ability to become self-sufficient. Program offers financial assistance, transportation, childcare, budget, and goal setting. Call Friday morning for an appointment.  
hopeoffice@hopeincdenton.com

## **Interfaith Ministries 109 W. Sycamore, Denton, Texas**

### **(940) 565-5479**

Social Security card required. Assistance on basis of need and emergency situation. Administers Plus One City utility assistance  
Hours: M – F, 9 – 11:30 a.m. / 1:30 – 3:30 p.m.

**Our Daily Bread 300 W. Oak (940) 382-5604**

10 – 1:30 M-F

Offers food and referrals for other community services

Serves only to 1:15

**Ruth's Room 591-7884**

1721 North Carroll Blvd. Open from 10:00 am – 6:00 p.m. Tues.-Sat.

Clothing and shoes for all ages. Small charge.

Free Clothing = 1 outfit per child (appointment required)

**Salvation Army (940) 566-3800**

1508 E. McKinney

Homeless emergency shelter (5 night stay). Food when available.

Emergency shelter. M – F, 9 a.m. – 12 p.m., 1 – 4 p.m

**Singing Oaks Church of Christ (940) 387-4355**

101 Cardinal Drive Food Pantry: Tuesdays & Thursdays, 3:00 - 5:00 p.m.

Clothing: Tuesdays, 8:30 - 11:00 a.m.

Does not provide shelter

**Vision Ministries (940) 387-8230**

**Denton Bible**

Emergency assistance to individuals. Provides clothing, household items,  
hygiene items and emergency food when available

9 – 4 Tuesday through Friday

# The Denton Independent School District Internal Network of Support Services

The Denton Independent School District's Office of Student and Staff Assistance Programs has compiled a list of the following programs that offer a wide variety of services to meet the needs of students and parents of our community. If you have any questions about, or need to access these services, please call on our staff for assistance. These services are provided so that all students who pass through the doors of our schools have the opportunity to reach their full potential.

## Counseling and Guidance Program

Campus guidance and counseling staff are often the first to identify and offer direction to school and community assistance services. Professional school counselors generally have a teaching background which gives them a thorough understanding of school related issues and the ability to relate well to teachers, students and parents. Coursework leading to school counselor certification is usually a part of a master's degree program which gives the counselor expertise in the growth and development of children and adolescents, multi-cultural aspects of counseling, group and individual counseling theories and techniques, student appraisal, career development, motivation and learning patterns, and social/ environmental issues surrounding learning. Counselors are trained to assist with problem solving for parents and students and schools. They often coordinate the referral process for community based services as well as in-school services.

Your school counselor is a knowledgeable professional who actively supports student learning through:

- *Guidance Curriculum that organizes resources and integrates developmentally appropriate instructional components to address life skills needed by all students.*
- *Individual Planning which focuses on particular needs of individual students with regard to educational, career, and personal goals.*
- *Responsive Services providing support to students with identified concerns through prevention and intervention.*
- *System Support linking the guidance program with the school and community.*

For information on support services on your student's campus, contact the campus counselor for information, direction and support.

**For general information on the Denton ISD Counseling Department, contact:  
Amy Lawrence, Director of Counseling Services at 369-0065, [alawrence@dentonisd.org](mailto:alawrence@dentonisd.org)  
Secretary Tami Bozarth (940) 369-0160**

*For assistance in locating Spanish speaking counselors,  
please contact Nancy Dobson at (940) 369-0598*

# The Student Assistance Program

The Student Assistance Program is a school and community effort to support all students and their parents who have actual or potential problems that interfere with their own education and safety. The program works to develop and implement prevention and intervention efforts that target mental health and substance abuse problems within the school system.

## **Student Assistance Programs:**

- Middle School Student Assistance Counselors: Drug and violence intervention, life skills training, individual and group counseling, parent education.
- Senior High School Student Assistance Counselors: Early identification and intervention for students struggling with substance abuse, emotional, familial, and life stage problems through direct or Care Team referrals. If you're not sure, refer!

## **Drug & Violence Prevention Programming:**

- The Denton ISD Therapist Pool
- Crisis Management
- School Safety Programs
- The Safe and Drug-free Schools and Communities Program
- Mental Health Programming/Training
- Employee Assistance

## **Student Assistance Counselors:**

Calhoun Middle School: Gary Wood .....	(940) 369-2360
Crownover Middle School: Kati Willis.....	(940) 369-4708
McMath Middle School: Bobbie Roberts .....	(940) 369-3313
Navo Middle School: Dean Phillips.....	(972) 347-7509
Strickland Middle School: Amy Clark.....	(940) 369-4292
Harpool Middle School: Mario De La Garza.....	(940) 369-1710
Denton High School: Jennifer Mize.....	(940) 369-2136
Guyer High School: Mary Rivers .....	(940) 369-1019
Ryan High School: Anne Scaggs .....	(940) 369-3028

# Urgent Numbers

Call: MHMR 24 hour Crisis Line: (940) 387-5555 or (800) 762-0157  
National Suicide Hotline (800) 850-8078  
If busy, call 911

- **Family / Domestic Violence**

Call: Friends of the Family (940) 382-7273 or (800) 572-4031

- **Child Abuse**

Call: Child Protective Services: (940) 387-8544 or (940) 800-252-5400  
Or report on-line: [www.txabusehotline.org](http://www.txabusehotline.org)

- **Psychiatric Emergencies**

Call: MHMR Emergency Hotline: (940) 387-5555 or (800) 762-0157  
University Behavioral Health (UBH): (940) 320-8100  
Timberlawn Hospital: (214) 381-7181  
Green Oaks: (972) 991-9504  
Millwood Hospital: (817) 261-3121

# Frequently Used Numbers

- **Counseling Center of Denton (CCD)**..... (940) 392-5329  
or visit [www.ccdcounseling.com](http://www.ccdcounseling.com)
- **UNT Child and Family Resource Clinic**..... (940) 565-2066
- **TWU Counseling and Family Therapy Clinic**.....(940) 381-898-2600
- **Ann’s Haven VNA – Grief Support** ..... (940) 349-5900
- **United Way Information and Referral**..... (940) 566-5851
- **Denton Police Family Services Unit – Richard Godoy**  
..... (940) 349-7909
- **Legal Aid of North Texas** ..... (940) 383-1406
- **Adult Basic Education / G. E. D. – ESI** ..... (940) 369-0091

# Frequently

## Shelter

- 
- 
- Salvation Army ..... (940) 566-3800
- Friends of the Family..... (940) 382-7273

## Utilities

- 
- Interfaith ..... (940) 565-5479
- Community Services Inc..... (940) 483-9396
- Denton City Utilities..... (940) 349-8700
- Salvation Army ..... (940) 566-3800

## Clothing

- 
- Singing Oaks Church of Christ..... (940) 387-4355
- Ruth’s Room 1721 North Carroll Blvd. .... (940) 591-7884

## Food

- 
- Sing Oaks Church of Christ..... (940) 387-4355
- Denton Community Food Center ..... (940) 382-0807
- Our Daily Bread (lunch only) 300 West Oak
- Application for Food Stamps (SNAP) ..... (800) 647-6558
- Department of Human Services

# Medical/D

- Medicaid/CHIP application ..... (800) 647-6558
- DARS (Dept. of Assistive and Rehabilitative Services  
for clients with developmental disabilities) inquiry line:  
..... 1-800-628-5115
- Medicaid Client Hotline – Your questions answered ..... (800) 252-8263
- Medicaid for children – CHIP Application ..... (800) 647-6558
- Denton Community Health Clinic ..... (940) 600-7527
- Denton Dental Mission ..... (940) 387-8230
- Free Transportation for Medicaid Appointment ..... (877) 633-8747
- Su Familia Health Promotion ..... (866)-783-2645  
(bi-lingual referral resource for health services)
- Interfaith Ministries ..... (940) 565-5479
- Kiwanis Children’s Clinic ..... (940) 387-6323
- Texas Department of Health Services ..... (940) 591-6214  
(for children with special health care needs)
- The Denton County Health Department ..... (940) 349-2900
- Family Health Care Inc. .... (940) 381-2313  
– family planning and pre-natal health care
- Health Services of North Texas ..... (940) 387-5788

## Social Work Services

The Denton ISD Social Work Office serves as a liaison between school, home and the community. Our goal is to provide services and support to families, which will assist them to provide safe and stable home environments for their children, which helps to ensure their academic success. Through coordination and collaboration with social services, community and governmental agencies, along with school support staff, we address the diverse social, emotional, cultural, and economic needs of referred students and their families.

Services include:

- Information and referral
- Crisis and support assistance to families and students
- Assistance with identifying resources for medical evaluation, treatment, and medication
- Assistance with school supplies
- Coordination of district-wide parent education
- Coordination of comprehensive program for homeless students
- Coordination of General Education Homebound program
- Coordination of Compensatory Education Homebound Instruction

### **Contact Coordinator of Social Services**

**Barb Haflich (940) 369-0599, bhaflich@dentonisd.org**

**Secretary Nancy Dobson (940) 369-0598**

*For assistance in locating Spanish speaking counselors,  
please contact Nancy Dobson at (940) 369-0598*

## Denton ISD Health Services

Each Denton ISD campus has a full-time registered nurse who contributes to the safety, health, and wellness of DISD students and employees.

If you have questions or concerns, please contact the campus nurse directly or call the Health Services Department.

Jonita Widmer, RN (940) 369-0685, jwidmer@dentonisd.org

secretary Lisa Rivera (940) 369-0685



## Denton ISD Teen Parent Services

The School Age Parenting Program provides services for pregnant and parenting teens, male and female, to assist them to graduate from high school and be nurturing and responsible parents. Services are provided on the student's home campus and are designed to meet their unique needs and challenges. In order to receive childcare, transportation, and homebound instruction, students must attend school regularly and make progress in their classes.

Services include:

- case management
- individual and group counseling
- child care assistance
- transportation
- parenting and child development classes
- homebound instruction for complications during pregnancy and following birth of baby

Contacts:

**Audra Williams** at 369-4006 or by email: [awilliams@dentonisd.org](mailto:awilliams@dentonisd.org)  
Ryan High School – 369-3035  
Fred Moore High School – 369-4006  
Middle Schools (as needed)

**Martha Puga** email: [mpuga@dentonisd.org](mailto:mpuga@dentonisd.org)  
Denton High School – 369-2027  
Guyer High School – 369-2027  
Middle Schools (as needed)

**Barb Haflich**, Coordinator (940) 369-0599, [bhaflich@dentonisd.org](mailto:bhaflich@dentonisd.org)

## Denton ISD Homebound Program

**Barb Haflich**, Coordinator: (940) 369-0599

Compensatory Education Homebound Instruction (pregnant students only)  
and General Education Homebound

**Darby Ahlfinger**, Coordinator, Special Education Homebound: (940) 369-4091

# DENTON ISD THERAPIST POOL

The following list of private practitioners represents the D.I.S.D. Therapist Pool. They have been engaged by the Student Assistance Program as a means of providing high quality, professional counseling services to families who desire help, but do not have the financial resources to pay for private services.

**REFERRALS TO THE THERAPIST POOL MUST BE MADE THROUGH THE STUDENT ASSISTANCE PROGRAM.** Contact your campus counselor for the referral procedures. If you can afford a sliding fee scale, have insurance benefits or Medicaid, you will find the following list of therapists to be highly qualified, specialized, and effective in addressing your child or family's therapeutic needs. See page 9 for "*A Word About Seeking Counseling Services.*"

**All referrals to the DISD Therapist Pool are made through the Department of Student and Staff Assistance. Contact Larry Mankoff for information: (940) 369-0595**

**MHMR Hotline (800) 762-0157 (FOR URGENT CRISIS ONLY)**

**Dr. Stephen Allen Ph.D., LPC-S, LMFT-S**

Child and adolescent therapy, ADHD evaluations and treatment  
Special considerations/Aspergers and Autism  
Mon-Fri by appointment  
(817) 929-1900

**Rose Boehm MS, LPC**

Child Abuse, Trauma, Depression, Anxiety  
Parenting Issues, Developmental Disabilities  
Sliding Fee  
(940) 380-1570

**Cathy Champ LPC, LSOTP**

Sexual Abuse Victims and Offenders,  
Play Therapy, Self-inflicted Violence  
Sliding Fee (940) 255-4689

**Rhana Cutting**

MA, LCDC, CFLE Adolescents, Substance Use, Blended Families,  
Christian Counseling. Sliding Fee EAP  
(940) 312-7022

**Richard Davis LPC**

Neurofeedback, Biofeedback, QEEG, ADD/ADHD,  
Autism, Anxiety, Depression, Behavioral Issues, Parenting  
(940) 243-7586 / Richard@ntatx.com

**Mark Dittloff LPC**

Sexual abuse, Child and adolescent issues  
Medicaid / Sliding Fee  
(940) 382-5328 ext. 19

**Holly Duke LPC, NCC**

Family counseling, Depression / Anxiety, Anger management  
Sliding Fee / Medicaid  
(940) 382-5328 ext. 23

**Tricia Gagnon LPC**

ADHD, Depression, Anxiety, Parenting  
Support, Behavior Modification (469)  
556-5234

**Lauren Gastorf**

Truancy and family communication issues  
Trauma and domestic violence Aspergers  
and socialization issues Ages 10 +  
(940) 382-5328 ext. 27

**Graham, Christy**

LPC, RPT In-home therapy – Trauma/abuse  
Children under the age of 13, divorce.  
Amerigroup, DISD UBH EAP  
(940) 597-9635

**Dr. Barbara Hokamp**

Adolescent girls – pregnancy/parenting  
Families with young children – play therapy  
Parents or siblings of children with disabilities  
Substance abuse / family violence  
DISD EAP as a single-case agreement with United Health Care.  
Aetna & Multiplan provider.  
Approved Blue Cross Blue Shield out of network provider.  
Sliding Fee (940) 387-1680

**Mark Hokamp LMSW-ACP, LPC, LMFT**

Relationship counseling, mood disorders, depression, anxiety,  
adults & adolescents, parenting issues  
DISD EAP (940) 387-3093

**Dr. Carola Hundrich-Souris, Psychologist**

Stress and anxiety disorders, ADD/ADHD, Depression, Substance abuse,  
Medical issues / migraines, epilepsy, head trauma  
Neuro-feedback, Bio-feedback, QEEG  
(940) 565-0155

**Cindy Jacobson M.Ed., LPC**

Adolescents, family, sexual abuse, domestic abuse, Women's issues  
Sliding Fee, Medicaid, DISD EAP  
(940) 382-5328 Ext. 17

**Dr. Marlys Lamar**

Mood disorders, anxiety disorders (PTSD),  
marriage and family therapy, eating disorders  
DISD EAP  
(940) 566-5802

**Dr. Tom Larussa**

Depression, anxiety, family therapy, Christian counseling  
Sliding Fee, DISD EAP  
(940) 566-4691

**Jane Lewis-Zygiel M.Ed, LPC, LCDC**

Chemical dependency, boundary setting with youth, eating disorders  
Sliding Fee, Medicaid, DISD EAP  
(940) 382-5328 Ext. 25

**Amanda Martin LPC**

Sexual abuse, Childhood Trauma, Family therapy Ages 5 – 85  
Medicaid / Sliding Fee  
(940) 765-3036

**Kristen McGee LCSW**

Depression, anxiety & adjustment/Trauma,  
conduct problems for 17 & up, Parent coaching, Couples & Family  
Therapy Sliding Fee, DISD EAP  
(940) 367-7791

**Cindy Meyering LMFT**

School adjustment issues, Family crisis,  
Domestic violence, Substance abuse and Trauma  
Medicaid / Sliding Fee  
(940) 453-4732

**Mark Michalica LPC**

Chronic health/pain issues, grief and loss, depression,  
anxiety, life coaching. Registered massage therapist  
(940) 484-6275

**Betsy Morris**

Adolescents, Individual & Family Therapy, Depression,  
Anxiety, Gay & Lesbian Issues  
(940) 395-3661 – Lewisville

**Dr. Annetta Ramsay**

Intensive outpatient program for eating disorders. Sliding Fee  
(940) 382-5688

**Jacquenette Robinson LPC**

Children-play therapy, school issues  
(940) 300-9357

**Jim Simmons MA, LPC, LMFT**

Certified in Family Mediation Relationship counseling, Depression, anxiety,  
Adjustment disorders,  
Alcohol & drug abuse, Spiritual issues  
(940) 382-0000

**Jenny Streit-Horn LPC-S**

Adolescent specialist

Grief, trauma, Sexual assault, Depression & Anxiety

(940) 367-8383

**Tammy Sutterfield LPC-S, MA, EMDR,**

Conflict Resolution, Mediation, Neurofeedback, Biofeedback,

Exercise & Movement Therapy, Communication Specialist

Substance abuse and substance dependent

(940) 368-4315

**Tamera Terrell LPC-S**

Play therapy, Adolescents

Sliding Fee.

(940) 387-3450

**Holly Duke-Winter LPC, NCC**

Adolescent and family therapy, Depression and anxiety management,

Parenting and anger management skills

Ages 12 up

(800) 897-7068

# Abuse, Neglect, and Advocacy

## **Child Protective Services, TX. DPRS**

To report suspected abuse/neglect (800) 252-5400

Denton Office: (940) 387-8544

Call 911 if abuse is imminent [www.ReportAbuse.ws](http://www.ReportAbuse.ws) Login:

Professional Password: Report 1

Protects children from abuse and neglect; works to preserve family with counseling and rehabilitative services.

Finds permanent homes for children who cannot safely live with parents.

3730 E. McKinney, Ste. 135, Denton, Texas 76208

## **Denton County Friends of the Family**

24 Hour Crisis line: (940) 382-7273 Office: (940) 387-5131

Call 911 if abuse is imminent

For victims of relationship violence and sexual assault with shelter and counseling services.

## **Children's Advocacy Center for Denton County**

(972) 317-2818 or (866) 875-1015

Provides coordinated (CPS, Police, DA, etc.) investigations, treatment, and prosecutions of child sexual abuse, etc. cases.

Executive Director: Dan Leal

## **Denton County D.A. Victim's Assistance**

(940) 349-2600

Provides services to victims of violent offenses including referral for counseling, preparation for court, court accompaniment during trial, assistance in crime victim's compensation applications, crisis intervention and information on criminal justice system.

Coordinator, Sue Woolridge

## **Child Day Care (Non-Profit)**

### **ChildCare Licensing Dept of Human Services (940) 320-5700**

3612 E. McKinney, Denton, TX. 76201

Listings of child care facilities in North Texas. Call if concerned about a center/day home provider.

Office Hours: Mon. – Fri., 8 a.m. – 5 p.m.

### **Cornerstone Cooperative Preschool (940) 382-1463**

1205 N. Locust St., Denton, TX 76201

Parent Co-operative Pre-School for children 2 – 5 years and choice of 2, 3 or 5 mornings a week programs. Follows DISD school calendar.

### **Denton Christian Pre-school (940) 383-3332**

Pre-school for three and four year-old children. Requirements: Low family income and approval by school admissions committee.

Open during school year term. Office: Mon. – Fri., 8:15 a.m. – 4 p.m.

### **Denton City County Day School (940) 382-6485**

1603 Paisley, Denton, TX

Child development program for ages 2 to 5 serving low-income families.

Weekly fees based on family size and income. During summer, offers a summer care program for children ages 5-11.

### **Fred Moore Child Care Center (940) 387-8214**

Pre-school daycare for children ages 6 weeks through 5 years. Especially for low income, working and student parents. Sliding fee scale.

Requirements: Must work or go to school at least 25 hrs a week.

Office Hrs.: Mon. – Fri., 6:30 a.m. – 6 p.m.

### **North Central Texas Workforce Child Care Service**

(940) 382-5619 ext. 4416

Locate and pay for childcare for people who work or go to school and help in getting off of welfare, etc.

Monday – Friday 8 – 5 Brandy Wangler



## Information and Referral

**Christian Community Action 800-749-3595**

Information - Referral - Support

**Denton Co. United Way Info. and Referral (940) 566-5851**

Phone referral services for people needing assistance in Denton Co.  
with health, human service, community support groups, etc.

For Information call 8:30 a.m. – 12 n, 1 – 5 p.m. M – F (except holidays)

[www.unitedwaydenton.org](http://www.unitedwaydenton.org)

## Legal Assistance

**Lawyer's Referral Service, State Bar of Texas 800-252-9690**

Names and addresses of lawyers to consult concerning legal problems.

Free. Legal Aid of NW Texas (940) 383-1406

Civil legal services for low income families and persons. Call for information.

# Hotlines

***SUICIDE HOTLINES!!! BEFORE YOU ACT.. [www.metanoia.org/suicide](http://www.metanoia.org/suicide) or [www.befrienders.org](http://www.befrienders.org) If you are feeling at all suicidal, be sure to look into this website. It may save your life!***

**ADHD Helpline [www.addhelpline.org](http://www.addhelpline.org)**

**AIDS – Denton (940) 349-2900**

**AIDS Hotline 24/7 (800) 232-4636**

**American Cancer Society (800) 227-2345** (for general information to include local support groups)

**American Red Cross Emergency assistance during disasters  
(940) 384-0880**

**Boys Town National Crisis Line 24/7 (800) 448-3000**  
For kids and parents with ANY problem

**Child Abuse Hotline (800) 252-5400**

**Child Find (800) 292-9688 or (800) 426-5678**  
Missing or kidnapped youth

**Cocaine Helpline (800) 262-2463**

**Friends of the Family (940) 382-7273 / 24 hour crisis line**  
Emergency shelter for battered women and children or rape victims.

**Gay and Lesbian Youth Hotline (800) 246-7743**

**Kidshelp (888) 246-7743**

a service for young people which also addresses issues in addition to suicide

**MHMR Emergency Hotline (800) 762-0157 or (940) 387-5555**

Suicide and other mental health crisis intervention.

**National Hotline for Missing and Exploited Children National Child  
Pornography and CyberTip Line**

to report sexually exploited kids (800) 843-5678 or [www.cybertipline.com](http://www.cybertipline.com)

**National Teen Dating Abuse Hotline**

[www.loveisrespect.org](http://www.loveisrespect.org) or (866) 331-9474

**Parenting Advice Line**

[www.TheParentingCenter.org](http://www.TheParentingCenter.org) (817) 332-6399

**Rape Hotline (800) 656-4673**

**Runaway Hotline (800) RUNAWAY (800) 786-2929**

**Su Familia A national Hispanic family hotline (866) 783-2645**

**Prenatal Helpline (800) 504-7081**

[www.hispanichealth.org](http://www.hispanichealth.org) Referrals to low cost bilingual health services by zip code country-wide

**Suicide Hotline (800) 850-8078**

**Teen Contact: Teen Depression and Suicide (972) 233-8336 (for teens)**

[www.teencontact.org](http://www.teencontact.org) (972) 233-2233 (for adults)

Teen Health: for information on health risks teenagers face – 24 hours

**Texas Youth Hotline (800) 210-2278**

A confidential HOTLINE for youth – family violence, runaways, substance abuse

## Helpful Websites

- ADHD ..... [www.CHADD.org](http://www.CHADD.org)
- Angel Food Ministry ..... [www.angelfoodministries.com](http://www.angelfoodministries.com)  
bulk fresh or frozen food for families
- Bereavement ..... [www.firsttexascampfire.org](http://www.firsttexascampfire.org)
- Bi-polar Disorders ..... [www.meetup.com/North-Texas-Bipolar-Meetup-Group](http://www.meetup.com/North-Texas-Bipolar-Meetup-Group)
- Boot Camp for Teens ..... [www.getmotivatedbootcamp.com](http://www.getmotivatedbootcamp.com)
- Bulimia ..... [www.bulimiaguide.org](http://www.bulimiaguide.org)
- Cerebral Palsy ..... [www.ucpdallas.org](http://www.ucpdallas.org)
- Chronic Illness / Major Disabilities ..... [www.campjohnmarc.org](http://www.campjohnmarc.org)
- Diabetes ..... [www.campsweeney.org](http://www.campsweeney.org)
- Disabled ..... [www.campsummittx.org](http://www.campsummittx.org)
- Gays and Lesbians ..... [www.glnh.org](http://www.glnh.org)
- Grief Support ages 9-14 ..... [www.campconquer.org](http://www.campconquer.org)
- Kids in Trouble Help Page ..... [www.kithp.50webs.com](http://www.kithp.50webs.com)
- Learning Disabilities ..... [www.ncl.org](http://www.ncl.org)
- Multiple Diabetes/Seizures/Autism ..... [www.campcamp.org](http://www.campcamp.org)
- Parenting Advice Line ..... [www.TheParentingCenter.org](http://www.TheParentingCenter.org)
- Physical Disabilities / Diabetes / Cancer ..... [www.lionscamp.com](http://www.lionscamp.com)
- Physical/Mental Disabilities ..... [www.arcdallas.org](http://www.arcdallas.org)
- Special Needs ..... [www.campforall.org](http://www.campforall.org)
- Teen Health ..... [www.healthywomen.org](http://www.healthywomen.org)
- Therapeutic Riding ..... [www.equest.org](http://www.equest.org)
- Texas Summer Camps ..... [www.texas-summer-camps.com](http://www.texas-summer-camps.com)
- United Way Resource Book:  
<http://unitedwaydenton.org/documents/08CommunitySvcsDirect.pdf>

# Support Group Meetings

## MONDAY

**Show Me**—group of Alcoholics Anonymous meets at 9 a.m. for a closed discussion, noon for an open non-smoking discussion, 6 p.m. for smoking discussion, and 8 p.m. for a closed discussion. 2317 W. University Drive, Suite A3. (940) 566-9989.

**Alanon**—Flower Mound meets at 10 a.m., Trinity Presbyterian Church, 2100 Kirkpatrick Road, Flower Mound. Child care provided.

**Shalom Today**—group of Alcoholics Anonymous meets at noon for an open discussion, 6 p.m. closed discussion, 8 p.m. open speaker and 10 p.m. open discussion. 311 S. Locust (940) 383-8252.

**Whole New Deal**—Narcotics Anonymous meets at 7:30 p.m., St. Emmanuel Baptist Church, 728 Prairie St.

**Serenity Alanon**—Family Group meets at noon at First United Methodist Church, 201 S. Locust St. (940) 387-7237, (940) 566-4985 M-W-F noon Rm. 108.

**Humble Beginnings**—group of Alcoholics Anonymous (nonsmoking, closed, literature) meets at 6 p.m. at Trinity Presbyterian Church, 2200 N. Bell Ave. PFLAG—4th Monday, 7:00 p.m., Trinity Presbyterian Church

**Unity AA & Alanon**—First Baptist Church 1100 Malone 7 p.m.

**Unity Alateen**—First Baptist Church 1100 Malone 6 p.m.

**Spanish Speaking AA and Alanon**—700 N. Bradshaw, 383-5868

## TUESDAY

**Argyle Alanon Group** – Crosstimbers Community Church Tuesday & Thursday 6 p.m. 1119 South US Hwy 377 Argyle, Texas

**Show Me**—group of Alcoholic Anonymous has an open discussion at 9 a.m., Step (12 & 12) non-smoking, noon, and 6 p.m. open discussion (smoking). 2317 W. University Drive, Suite A3. (940) 566-9989.

**Whole New Deal**—Narcotics Anonymous meets at 7:30 p.m., St. Emmanuel Baptist Church, 728 Prairie

**Show Me Alanon**—meets at 8 p.m. at 2317 W. University Drive, Suite A3.

**Shalom Today**—group of Alcoholics Anonymous meets at 9 a.m. for an open meeting, noon for an open non-smoking discussion and 6 p.m. for Step (12 & 12) nonsmoking. 5011 W. University Drive. (940) 383-8252.

**Unity AA & Alanon** First Baptist Church 110 Malone 6 p.m. - child care provided

### **WEDNESDAY**

**Show Me**—group of Alcoholics Anonymous meets at 9 a.m. for a closed Big Book discussion, noon for an open non-smoking discussion, 6 p.m. for smoking discussion, and 8 p.m. for an open Step Speaker. 2317 W. University Drive, Suite A3. (940) 566-9989.

**Serenity Alanon**—Family Group meets at noon at First United Methodist Church at 209 S. Locust St.

**Shalom Today**—group of Alcoholics Anonymous meets at noon for a closed study 6 p.m. closed discussion, 8 p.m. closed study and 10 p.m. open discussion. 311 S. Locust. (940) 383-8252.

### **THURSDAY**

**Show Me**—group of Alcoholics Anonymous meets at 9 a.m. for an open discussion, noon for an open non-smoking discussion, 6 p.m. for a closed smoking Big Book discussion, and 8 p.m. for a closed Step Speaker. 2317 W. University Drive, Suite A3. (940) 566-9989.

**Shalom Today**—group of Alcoholics Anonymous meets at noon for a closed study, 6 p.m. closed discussion, 8 p.m. closed study and 10 p.m. open discussion. 5011 W. University Drive. (940) 383-8252.

**Kinship Care** - grandparents and other caregivers raising children meets 6:30-8:30 p.m. first Thursday of every month. Morse Street Baptist Church, 921 Morse Street Baptist Church, 921 Morse St. Contact Amy (940) 320-5364. Food and child care provided.

**Unity AA & Alanon** – First Baptist Church 110 Malone 6 p.m. – child care provided

## **FRIDAY**

**Show Me**—group of Alcoholics Anonymous meets at 9 a.m. for a closed Step (12 & 12), noon for an open non-smoking discussion, 6 p.m. for a closed smoking discussion, 8 p.m. for an open discussion and 10 p.m. for an open candlelight service. 2317 W. University Drive, Suite A3. (940) 566-9989.

**Whole New Deal**—Narcotics Anonymous meets at 7:30 p.m., St. Emmanuel Baptist Church, 728 Prairie St.

**Serenity Alanon**—Family Group meets at noon at First United Methodist Church at 201 S. Locust St.

**Shalom Today**—group of Alcoholics Anonymous meets at noon for a closed study, 6 p.m. closed discussion, 8 p.m. open study and 10 p.m. open discussion. 5011 W. University Drive. (940) 383-8252.

Humble Beginnings—group of Alcoholics Anonymous (non-smoking, closed, literature) meets at 7 p.m. at Trinity Presbyterian Church, 2200 N. Bell Ave.

## **SATURDAY**

**Show Me**—group of Alcoholics Anonymous meets at 9 a.m. for an open discussion, noon for an open non-smoking discussion, 6 p.m. for a closed smoking discussion, 8 p.m. for a closed literature discussion and 10 p.m. for an open candlelight service. 2317 W. University Drive, Suite A3. (940) 566-9989.

**Shalom Today**—group of Alcoholics Anonymous meets at noon for a closed men's meeting, 1:30 p.m. for a closed women's meeting, 6 p.m. closed discussion, 8 p.m. closed discussion and 10 p.m. open discussion. 5011 W. University Drive. (940) 383-8252. **SUNDAY**

**Show Me**—group of Alcoholics Anonymous meets at 11 a.m. for an open speaker meeting and 8 p.m. for an open beginner Step 1-2-3. Go to 2317 W. University Drive, Suite A3. (940) 566-9989.

**Shalom Today**—group of Alcoholics Anonymous meets at 11 a.m. for an open Step (12 & 12), 2:30 p.m. for a closed discussion, 6 p.m. closed discussion and 8 p.m. closed discussion. 5011 W. University Drive. (940) 383-8252.







*The Denton Independent School District does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies.*

*Title IX Coordinator:*

*Mr. Robert Bostic, Assistant Superintendent  
1307 N. Locust Street Denton, TX 76201  
940-369-0032*

*Section 504 Coordinator:*

*Mrs. Amy Lawrence, Director of Counseling Services  
1307 N. Locust Street Denton, TX 76201  
940-369-0065*

*Title II & Title IX Coordinator:*

*Mr. Dennis Stephens, Executive Director of Human Resources  
1307 N. Locust Street Denton, TX 76201  
940-369-0040*

# DISD Employee Assistance

## *Mental Health and Substance Abuse*

Current benefits for DISD personnel are subject to the plan you chose for coverage. On the back of your BlueCross BlueShield health benefit card, you will find the phone number to contact for Pre-Authorization:

**1-800-441-9188**

In order to receive benefits, you must first meet your plan's deductible.

The Department of Staff Assistance has negotiated a reduced fee for many of the current providers under the TRS-Active Care plan.

See the "Staff Assistance" website for a list of these providers or contact Larry Mankoff, Supervisor of Staff Assistance at (940) 369-0595

For confidential support in identifying an appropriate provider, contact Larry Mankoff

For issues related to sexual harassment, potential threats of violence, or issues related to adult bullying, please go to the ChooseToCare website and report your concern – ANONYMOUSLY: [WWW.choosetocare.com](http://WWW.choosetocare.com)

*Revised for the 2012-2013 school year.*

This document may be found on the internet at:  
<http://www.dentonisd.org> click 'Departments' click 'Counseling Services'