

Lisa Elliott, PhD
WATCH Chair

Tiana Gooden, LCSW
WATCH Vice-Chair

Connections Child &
Family Services
Counseling

Clinicas Mi Doctor

Communities In
Schools of North Texas

Marla Conger, M.D.

Cook Children's
Behavioral Health
Center

Cumberland
Presbyterian Children's
Home

Denton Community
Health Clinic

Denton County
Federation of Families

Denton County Health
Department

Denton County MHMR

Denton Independent
School District

George Ebertin

Family Tree Program

Karen Goff, M.D.

Grace Counseling
Center

Green Apple Therapy

Lisa Henry, PhD

Marilyn Janke, M.D.

Lewisville Independent
School District

Rhonda Love, PhD

Love to Live Well

Vanessa Morales, DC

Susie Ramisetty-Mikler,
PhD, MPH

Touched By Suicide of
North Texas

United Way of Denton
County

University Behavioral
Health

Julie Wright

Youth & Family
Counseling

Welcome & Introductions
(ACTION)

Presentation: Suicide Prevention Efforts
in Denton County

Education Work Group Update

Leadership Team Update

Membership Committee Update

Collaborative Solution Building

Community Conversations

Adjourn & Networking

Agenda Coalition Meeting September 18, 2015, 12:00 – 1:30 p.m.

Lisa Elliott, Ph.D.
Licensed Psychologist and Clinic Manager
Cook Children's Health Care System

Phyllis Finley, B.A., QMHP-CS, QIDP
MCOT Community Liaison, Denton Co. MHMR Center
Co-Chair, Denton Regional Suicide Prevention Coalition

Sherri McCarthy, M.A., LPC-S
Vice President, Touched By Suicide
Clinical Supervisor, Waterford Academy

Rachel McGinnis, LMSW, QMHP-CH
Director of Child and Adolescent Mental Health Services
Denton Co. MHMR Center

Dr. Lisa Elliott

Jennifer Jaynes, MPH, CHW
Quality Improvement Consultant
TMF Health Quality Institute

All Members

All Members

Dr. Lisa Elliott

**Next Meeting: Friday, November 20th, 12:00 – 1:30pm
Denton County Health Department, 535 S. Loop 288, Denton, 76205**

Coordinator: Courtney Barnard, LMSW
Cook Children's Community Health Outreach
801 Seventh Avenue | Fort Worth, TX 76104
682-885-3070 (Office) | 682-885-4909 (fax)
courtney.barnard@cookchildrens.org
www.WATCHdenton.org

Denton Regional Suicide Prevention Coalition

- ### ZEST Grant
- The Zero Suicide in Texas (ZEST) initiative will provide suicide care services targeting youth at elevated risk of suicide.
 - This innovative best practice model will be implemented in Denton County initially and then expanded across Texas.
 - The proposed initiative will target youth ages 10 to 24 in several high-risk categories.
 - ASK Gatekeeper Training, ASIST Intervention Training and Safe Talk are some of the training programs offered at low or no cost as a result of the grant.

- ### Denton Regional Suicide Prevention Coalition Mission and Vision
- **Mission:** To collaborate in the development and implementation of suicide prevention, intervention, and postvention strategies that offer hope to all those that are touched by suicide.
 - **Vision:** Our vision is for Denton County to be a zero suicide community.

- ### Meetings
- We meet every month at 2509 Scripture in the upstairs conference room.
 - Steering Committee meets from 11:30am-12p
 - General Body Meets 12p-1:30pm
 - Next meeting is September 25th.
 - Lunch is provided. Members take turns.
 - Members typically represent a community organization but concerned individuals are always welcome.

- ### Physician Office Training Project
- Statistics show that over 45% of individuals that complete suicide saw their primary care provider within a month before their death.
 - First project is letter writing and training campaign for Denton County Primary Care Physicians in an effort to improve screening practices and lower completed suicide rates.

- ### Physician Office Training Project
- *Know the Signs Physician Office Training*
 - Sent out 100 letters to area Primary Care Physicians.
 - Goal of 10 Trainings by December 2015
 - 10 Completed To Date

Race For Hope

- September 12, 2015 at South Lakes Park in Denton.
- Over 340 Registered Participants
- It is estimated that we raised over \$16,000
- All proceeds going to new DCMHMR LOSS Team that will be in place early 2016. First year funded by ZEST Grant. All following years will be funded by Race for Hope.

LOSS Team

- LOSS stands for Local Outreach for Suicide Survivors
- Team of trained volunteers that includes a MH Professional and a Suicide Survivor.
- Volunteers respond to scene with police (could be up to 12 hour delayed response as well) to work with families, friends and loved ones that are recently bereaved.

LOSS Team

- Research shows that with this postvention model, time is shortened to a matter of months versus years that a person obtains the assistance they need.
- We are hopeful that the LOSS Team will serve as future prevention.
- Our new team is going to training in October. Conference is in Ft. Worth.
- We will be one of two teams in the entire state of Texas!

Means Matters Campaign

- Mission: Encourage firearm and medication safety by promoting awareness to help create suicide safer homes and communities.
- First project was to provide CALM (Counseling on Access to Lethal Means) training to all first responders (police and EMS) in Denton County.
- A train the trainer was conducted in Austin in June 2015 by Elaine Frank.
- The first training was conducted by Elaine Frank in Denton with a group of First Responders in June of 2015.

Next Project for DRSPC...

- Resiliency Building and Coping Skill Development for Youth
- Thoughts were to acquire a grant and have groups in the north and south part of the county available free of charge to all that attend.

Celebration!

The Denton Regional Suicide Prevention Coalition was named Coalition of the Year at the Annual Mental Health America of Texas State Suicide Prevention Symposium in Houston this August!

Suicide Statistics

- ### Bonus Suicide Facts
- Most common day – Monday
 - Most common month – April
 - Most common season – Spring
 - Least likely time – 4:00 am to 8:00 am
 - Average cost per suicide \$7,000 – per attempt \$9,000
 - 73% suicides are positive for alcohol or drugs
 - Smokers are twice as likely to commit suicide
 - Estimated 8-25 attempts per completed suicide
 - Women attempt 3 times more often than men
 - 75% people over 50 visit their doctor within 1 month of suicide

Denton County Demographics

	2013	2014
Total –	729,125	753,363
• Gender – Males –	48.8%	49.2%
Females –	51.2%	50.8%
• Race – White -	(80.4%)	79.9%
Hispanic -	(18.7%)	20.9%
Black –	(9.2%)	9.8%

Suicides in Denton County

	2013	2014
• Suicide Rate per 1,000,000 population	9.5	8.0
• Total number of Suicides	63	60

Denton County Suicide Statistics

	2014
• Male = 71%	Male 44 = 77%
• White = 86%	White 53 = 91%
Age – 50 - 59 27%	Age - 50 -59 =26%
Place of Death: Denton 27.1%	Lewisville – 26%
• Time of Death: Morning (20.7%)	Morning – 28%
• Season: Fall - 30%	Winter – 35%
• Day – Sunday - 18%	Sunday – 20%
• Means: Firearms - 75.9%	Firearms – 52%
Hanging -22.2%	Hanging – 20%

- ### Denton County Suicides Statistics
- Jan – Jul, 2014
- 38 confirmed suicides**
- Male – 79%
 - White – 79%
 - Age – 45-55 – 32%
 - Month – April - 65%
 - Method – Gunshot Wound – 50%
 - Hanging – 29%

Child Suicides - 2010 to 2014

Since 2010 - 14 children under 18 have completed suicide.

- ✓ Five deaths in 2014 – More than any previous year!
 - ✓ The youngest was 9 years old
 - ✓ 13 boys: 1 girl
- ✓ 13 suicides occurred in their own home
 - ✓ 12 White, 1 Hispanic, 1 Black
- ✓ 8 hanging, 3 firearms, 1 asphyxiation
 - ✓ One third occurred on Tuesday
 - ✓ One third occurred in January

My Contact Information

Phyllis Finley, B.A., QMHP-CS, QIPD
MCOT Community Liaison
(940) 565-5295
phyllis@dentonmhmr.org
Denton Outpatient Clinic
2509 Scripture
Suite 104
Denton, TX 76201
Main - (940) 381-5000
dentonmhmr.org

WATCH Wellness Workshop – November 2015 Event Overview

Time/Date/Location

Name of event: WATCH Wellness Workshop –
Making sense of the Autism Spectrum
Date: Friday, November 6, 2015
Time: 9:00 a.m. – 12:00 p.m.
Location: Lewisville ISD Special Services Building
400 W. Main St., Lewisville, TX 75057

Audience

Expected attendance: 50 – 70 people
Target Audience: Mental health and social service professionals, nurses, school personnel,
parents and community members

Purpose of Event

- ✓ Facilitate opportunities for mental health providers to increase their knowledge about mental health issues and available services
- ✓ Disseminate evidence-based mental health practices
- ✓ Focus on Wraparound principles: individualized, strengths-based, persistence
- ✓ Highlight the interplay of services for children with Autism Spectrum Disorder (ASD)
- ✓ Review clinical features of ASD in children
- ✓ Describe practical applications and interventions for children with ASD

Summary

Join us in a multidisciplinary panel discussion on ASD in children. Breakout session options include a clinical review of ASD in children and a description of practical interventions for children with ASD.

*CEs for social work/LPC and nursing are in pursuit.

**Registration will occur via Eventbrite – Courtney is in process of creating.

Agenda

Agenda Item	Objective/Notes	Speaker
Check-in and breakfast <i>8:30 am – 9:00 am</i>	<ul style="list-style-type: none"> Participant check-in/breakfast Participants set networking materials out on tables 	N/A
Welcome and housekeeping <i>9:00 am – 9:05 am</i>	<ul style="list-style-type: none"> Welcome participants Housekeeping – materials, restrooms, breaks What we hope you gain from the workshop Introduce Tiana Gooden 	Rachel McGinnis, LMSW, QMHP-CS WATCH Education Work Group Chair Director of Child and Adolescent Mental Health Services Denton County MHMR Center
Overview of the WATCH coalition <i>9:05 am – 9:15 am</i>	<ul style="list-style-type: none"> History of WATCH Strategic priorities Current activities Introduce Panel speakers 	Tiana Gooden, LCSW WATCH Vice Chair Owner and Therapist Gooden Counseling
Panel discussion on Autism Spectrum Disorder (ASD) <i>9:15 am – 10:15 am</i>	As a result of attending this presentation, the participant will be able to: <ol style="list-style-type: none"> 1. Explain the perspectives and experiences of providers, schools, and parents 2. Recognize the interplay of medical, psychological, educational, and community-based services for children with ASD 3. Discuss thoughts and questions about ASD in children with colleagues and community members 	Moderator: Tiana Gooden, LCSW Aimee Vafaie, MD, FAAP Physician Cook Children’s Physician Network – Flower Mound Lisa Yvette Pierce, MD, PA Child, Adolescent and Adult Psychiatrist Diplomate, American Board of Psychiatry and Neurology Tara Pierce, MEd, MS, LPC Counselor Lewisville High School Killough Campus Kristy Hundt Parent Advocate

Agenda Item	Objective/Notes	Speaker
Break <i>10:15 am – 10:30 am</i>	<ul style="list-style-type: none"> • Move into breakout sessions 	Tiana Gooden, LCSW
Breakout Session Option #1: Clinical features of ASD in children <i>10:30 am – 11:30 am</i>	<p>As a result of attending this presentation, the participant will be able to:</p> <ol style="list-style-type: none"> 1. Recognize the early warning signs and symptoms of ASD 2. Describe the diagnostic criteria for ASD per the DSM-V 3. Understand the importance of early identification and evidence-based interventions of ASD 	Lisa Yvette Pierce, MD, PA
Breakout Session Option #2: Practical applications and interventions for children with ASD <i>10:30 am – 11:30 am</i>	<p>As a result of attending this presentation, the participant will be able to:</p> <ol style="list-style-type: none"> 1. Describe strategies to assist children in their ability to participate in daily living activities 2. Identify sensory processing and integration activities to improve communication, emotional and behavioral difficulties 3. Recognize the importance of family involvement in ASD interventions 	Mary Villarreal, OTR, MS Owner and Occupational Therapist Journey Pediatric Rehabilitation
Evaluation and Adjournment <i>11:30 am – 11:40 am</i>	<ul style="list-style-type: none"> • Complete evaluation • How to get CEUs • Thank you 	Tiana Gooden, LCSW Rachel McGinnis, LMSW
Networking Reception <i>11:40 am – 12:00 pm</i>	<ul style="list-style-type: none"> • Networking 	N/A