

Feelings Jenga

Instructions: Cut out these feeling words and paste them onto your Jenga Blocks. When playing with students you can teach them to learn about feelings by having them act out the feeling that is on the block they picked. I have found it helpful to not only glue the words on but to also put Mod Podge on top. Have fun!

Happy	lonely	mad	ashamed	jealous	sad
pleased	loved	outraged	excited	surprised	upset
important	worried	scared	frightened	unsure	hurt
kind	angry	helpful	proud	confused	silly
playful	embarrassed	joyful	interested	melancholy	cold
fascinated	guilty	astounded	confident	tired	frustrated
furious	bored	suspicious	cheerful	friendly	energetic
creative	insecure	brave	strong	optimistic	pessimistic
determined	lively	uncomfortable	comfortable	hungry	satisfied