

Inspiring resiliency and hope

Treatment for Adolescents

Ages 13 to 17

University Behavioral Health of Denton is a private hospital that has served the mental health needs of North Texas and surrounding areas since 2005.

Our programs provide evidence-based, supportive treatment in a secure environment with 24-hour care that is tailored to meet the unique needs of adolescents.

We offer treatment for:

- Mental health
- Co-occurring mental health and substance use

Levels of care:

- Acute Inpatient
- Full-Time Day Program (PHP)
- Part-time Day Program (IOP)

You are not alone

Depression and anxiety disorders are prevalent among teens — an estimated 31.9 percent of adolescents have an anxiety disorder. * *National Institute of Mental Health*

If behavioral health issues are interfering with a teen's activities at home, at school or with friends, we are here 24/7 at 940-320-8100 or ubhdenton.com



Deciding to seek treatment is never easy. UBH Denton provides adolescent services above and beyond:

- Affordable transportation options available upon request.
- All students attend our in-house charter school.
- Clients are assigned a full multidisciplinary clinical treatment team with a Board Certified Psychiatrist.
- Specialty groups and experiential therapy

Some of the signs that a teen needs help include:

- Thoughts of suicide
- Uncontrollable outbursts, impulse control
- Self harm or hurting others
- Mood disorders
- Substance use
- Social isolation
- Relationship issues
- Depression/Anxiety
- PTSD
- School issues
- Low self esteem

Our admissions office is here 24 hours a day, 7 days a week. Call 940-320-8100 today.

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2026 W. University Drive
Denton, TX 76201
940-320-8100 or 888-320-8101
ubhdenton.com

Physicians are on the medical staff of University Behavioral Health of Denton, but, with limited exceptions, are independent practitioners who are not employees or agents of University Behavioral Health of Denton. The facility shall not be liable for actions or treatments provided by physicians. Model representations of real patients are shown. Actual patients cannot be divulged due to HIPAA regulations. For language assistance, disability accommodations and the non-discrimination notice, visit our website. 210561-0525 3/21

