

**LIVE UNITED**



**United Way  
of Denton County, Inc.**

**Denton County Mental Health Services Directory**

**2015-2016**

AbleDisabled.....	4
Acorn Counseling Education Services .....	4
Behavioral Health and Family Services .....	4
Bruce Triska, LPC .....	4
Center for Emotional Healing.....	4
Childrens Advocacy Center for Denton County.....	4
Christian Community Action (CCA).....	4
Chrysalis Eating Disorders Program .....	4
Cindy Meyering.....	4
Communities in Schools North Texas.....	4
Community Based Outpatient Center .....	4
Conflict Management Institute .....	4
Connections Child and Family Counseling Services .....	5
Cook Childrens Psychology Clinic .....	5
Cumberland Presbyterian Childrens Home/Family Services.....	5
Dallas Family Center.....	5
Davies Counseling .....	5
Denton Community Health Clinic .....	5
Denton County Friends of the Family.....	5
Denton County MHMR Center.....	5
Denton Family Guidance .....	5
Denton Police Department.....	5
Denton Psychological Services.....	6
Denton State Supported Living Center.....	6
Dianne Baskin.....	6
Dr. Jan Holmes .....	6
Dr. Lisa Yvette Pierce, MD, PA.....	6
Dr. Thomas Larussa .....	6
Eagle Counseling.....	6
Excel Center of Lewisville, TX.....	6
Family Enrichment Counseling Service .....	6
Family Tree Program (Administered by CCD Counseling).....	6
First Step Denton County Outreach Program .....	6
Flower MoundCounseling .....	6
Flower MoundFamily Counseling.....	7
Forte Counseling and Wellness Center.....	7
Fresh Perspective Counseling.....	7
Gooden Counseling .....	7
Grace Counseling Center .....	7
Greer and Associates.....	7
Griffin Therapy Center .....	7

Guiding Compass Counseling.....	7
Healing and Recovery.....	7
Health Services of North Texas .....	7
Healthy Transitions .....	7
Heart for Your Family.....	8
Hope Counseling.....	8
Hopemead Couseling and Trauma Center ..	8
Hunter S Brown Counseling .....	8
iChange .....	8
Innovative Counseling Services .....	8
Jack Coburn, Ph.D .....	8
Jan H Seltzer .....	8
Jennifer King Blackledge, Ph.D.....	8
Jocelyn Kendall, ME, LPC.....	8
Jodi Valentine Consuting Services.....	8
Kaleidoscope Counseling.....	9
Karen Stone, LMFT, LCDC.....	9
Kathryn Lamar Counseling .....	9
Kids First Pediatrics .....	9
Kimberly Joiner King.....	9
Kristen Diamond .....	9
Lewisville, Counseling Services.....	9
Life Skills Unlimited .....	9
Liferview Solutions .....	9
Lifeway Counseling Center.....	9
Lisa Hobon, LCSW.....	9
Living Perspective Counseling .....	9
MAD Skills, L. L. P .....	10
Mark Hokamp & Associates .....	10
Marlys Lamar .....	10
Mayhill Hospital.....	10
McCreary Counseling .....	10
Melanie Epp Counseling.....	10
Michael Maxwell .....	10
National Alliance on Mental Illness (NAMI) .....	10
Naturally You Counseling Center .....	10
Neurotherapy Associates of Texas.....	10
NextGen Counseling.....	10
North Texas Christian Counseling .....	10
North Texas Psychiatry & Psychotherapy .	10
North Texas Psychotherapy Associates ....	10
Olive Branch Family Therapy .....	11
OpenDoor Counseling and Assessment Services.....	11

<b>Pastoral Counseling &amp; Marriage and Family Therapy</b> .....	11	<b>The Colony Counseling Center</b> .....	12
<b>PsychoNeuroPlasticity Center</b> .....	11	<b>The Costello Clinic</b> .....	12
<b>Ranch Hand Rescue</b> .....	11	<b>Tricia Gagnon</b> .....	12
<b>Rebecca Torres-West</b> .....	11	<b>TWU Counseling and Family Therapy Clinic</b> .....	12
<b>Reflections Counseling of Denton</b> .....	11	<b>United Through Hope</b> .....	12
<b>Reves &amp; Associates Counseling</b> .....	11	<b>University Behavioral Health</b> .....	12
<b>Richard Godoy, LSCW</b> .....	11	<b>UNT Child and Family Resource Clinic</b> .....	13
<b>Sante Center for Healing</b> .....	11	<b>UNT Counseling and Human Development Center</b> .....	13
<b>Selah Christian Counseling</b> .....	11	<b>UNT Counseling and Testing Center</b> .....	13
<b>Shareen Wornson</b> .....	12	<b>UNT Psychology Clinic</b> .....	13
<b>Sharp Family Services</b> .....	12	<b>UNT Substance Abuse Resource Center</b> ....	13
<b>Stephanie Coker</b> .....	12	<b>Waterford Academy</b> .....	13
<b>Stephen C. Allen, Ph.D.</b> .....	12	<b>Winning The Fight</b> .....	13
<b>Terrell Counseling Center</b> .....	12	<b>Youth and Family Counseling</b> .....	13
<b>Texas Premier Counseling Services</b> .....	12		
<b>The Answer: Psychological Services</b> .....	12		

**DISCLAIMER:**

Readers, community members and organizational staff, please note the information presented is self-reported. Information contained in this directory is for information only and does not constitute an endorsement. Should any omissions or corrections need to be made please contact United Way of Denton County at (940) 566-5851 ext.112.

**AbleDisabled**

525 S. Locust St. (Denton Community Clinic)  
Denton, TX 76201

<https://abledisbaldenton.wordpress.com>

Adults

Using a recovery based philosophy; provides support and occupation groups for individuals with lived experience: mental illness, physical disability and homelessness

**Acorn Counseling Education Services**

1430 Robinson Road #430

Corinth, TX 76210

(940) 222-8703

[www.acorncounseling.services](http://www.acorncounseling.services)

Children, Preteens, Adolescence, and Adults  
We have specialists in couples counseling [the Gottman Method], sand tray therapy and group counseling.

Insurance: Out of Network Providers

**Behavioral Health and Family Services**

869 North Mill, Suite 204

Lewisville, TX 75056

(866) 943-7779

[www.behaviorfamily.com](http://www.behaviorfamily.com)

All Ages; General Counseling

**Bruce Triska, LPC**

4320 Windsor Centre Trail, Suite 600

Flower Mound, TX 75028

(214) 513-2100

[www.bruce-triska.com](http://www.bruce-triska.com)

Adolescence, Adults, Elders (65+)

Counseling for post adoption, adolescence, adult, depression and anxiety

**Center for Emotional Healing**

3309 Unicorn Lake Blvd #161

Denton, TX 76210

(469) 323-1586

[www.centerforemotionalhealing.com](http://www.centerforemotionalhealing.com)

All ages; General Counseling

**Childrens Advocacy Center for Denton County**

Denton, TX 76205

(972) 317-2818

[www.cacdc.org](http://www.cacdc.org)

Individual, Group, Family counseling to abused children, their siblings, and non-offending family members; Children, Adolescence, Adults

**Christian Community Action (CCA)**

200 S Mill St

Lewisville, TX 75057

(972) 221-1224

[www.ccahelps.org](http://www.ccahelps.org)

All Ages; General Counseling

**Chrysalis Eating Disorders Program**

722 W. Oak St.

Denton, TX 76201

(940) 382-5688

[www.northtexaseatingdisorders.com](http://www.northtexaseatingdisorders.com)

Group counseling, individual counseling, family therapy, marriage therapy

All ages;

**Cindy Meyering**

2008 Hollyhill Ln.

Denton, TX 76205

(940) 453-4732

All Ages; General Counseling

**Communities in Schools North Texas**

217 S. Stemmons Fwy, Suite 101

Lewisville, TX 75067

(972) 538-9930

[www.cisnt.org](http://www.cisnt.org)

Children, Preteens, Adolescents, Adults either provide or broker out: anger management, behavior, crisis intervention, cutting/self-mutilation, eating disorder and more.

**Community Based Outpatient Center**

2223 Colorado Blvd.

Denton, TX 76205

(940) 891-6350

[www.northtexas.va.gov](http://www.northtexas.va.gov)

**Conflict Management Institute**

525 S. Locust, Suite 200

Denton, TX 76201

(940) 453-7594

[www.conflictmanagementinc.com](http://www.conflictmanagementinc.com)

All ages; General Counseling

**Connections Child and Family Counseling Services**

3204 Long Prairie Road, Suite A1

Flower Mound, TX 75022

(940) 391-7780

[www.connectionsfamilycounseling.com](http://www.connectionsfamilycounseling.com)

Counseling, All Ages, Play Therapy, Activity Therapy, Individual Counseling

**Cook Childrens Psychology Clinic**

3201 Teasley Ln., Suite 202

Denton, TX 76210

(682) 885-4000

[www.cookchildrens.org](http://www.cookchildrens.org)

Adolescence, Children , Preteens  
Individual therapy, Family therapy,  
Psychological testing, Neuropsychological testing.

Insurance: Yes

**Cross Timbers Church**

312 W McKinney St

Denton, TX 76201

(940) 240-5100

[www.crosstimberschurch.org](http://www.crosstimberschurch.org)

All ages; General Counseling

**Cumberland Presbyterian Childrens Home/Family Services**

909 Greenlee Street

Denton, TX 76201

(940) 382-5112

[www.cpch.org](http://www.cpch.org)

All ages; Cumberland Family Services provides sliding scale counseling for individuals, couples, and families.

**Dallas Family Center**

2601 Sagebrush Drive, Suite 104

Flower Mound, TX 75028

(214) 501-5381

[www.dallasfamilycenter.com](http://www.dallasfamilycenter.com)

All ages; General Counseling

**Davies Counseling** 2900 Long Prairie Rd,  
Suite B

Flower Mound 75022

(214) 937-9592

[www.daviescounseling.com](http://www.daviescounseling.com)

General Counseling; All Ages

**Denton Community Health Clinic**

525 S. Locust St, Suite 200

Denton, TX 76201

(940) 600-7527

[www.dentonchc.org](http://www.dentonchc.org)

All Ages; We have a primary care physician that will monitor individuals who have been assessed by a psychiatrist and are on psychotropic medications.

**Denton County Friends of the Family**

4845 S I-35E, Suite 200

Corinth, TX 76210

(940) 387-5131

[www.dcfof.org](http://www.dcfof.org)

All Ages; Violence Intervention Prevention Program (VIPP), "Counseling for victims of domestic violence, sexual abuse, and rape. Services are available for all ages, including play therapy, activity therapy, group counseling, and individual counseling

**Denton County MHMR Center**

2519 Scripture

Denton, TX 76210

(940) 381-5000

[www.dentonmhmr.org](http://www.dentonmhmr.org)

All Ages

Assertive Community Treatment, Community and Hospital Liaison, Psychosocial Rehabilitation, Crisis Hotline and more.

**Denton Family Guidance**

525 S Carroll Blvd.

Denton, TX 76201

(940) 536-3376

[www.dentonfamilyguidance.weebly.com](http://www.dentonfamilyguidance.weebly.com)

All Ages; Marriage and Family Therapy

**Denton Police Department**

601 E. Hickory Suite E

Denton, TX 76205

(940) 349-8181

[www.cityofdenton.com](http://www.cityofdenton.com)

Adults

PTSD Services offered ; Individuals, family, marital counseling for issues relating to crime victimization, grief/bereavement and others.

**Denton Psychological Services**

2524 Lillian Miller Pkwy Suite 110

Denton, TX 76205

(940) 383-2211

[www.dentonpsychologicalservices.com](http://www.dentonpsychologicalservices.com)

All Ages; General Counseling

**Denton State Supported Living Center**

3980 State School Road

Denton, TX 76210

(940) 891-0342

[www.dads.state.tx.us/services/SSLC/denton.html](http://www.dads.state.tx.us/services/SSLC/denton.html)

All ages; Serve people with intellectual and developmental disabilities who are medically fragile or who have behavioral problems.

**Dianne Baskin**

215 E. University Dr.

Denton, TX 76209

(972) 360-9495

[www.diannebaskinlpc.com](http://www.diannebaskinlpc.com)

Adolescents and Parents, Women's Issues, General Counseling.

**Dr. Jan Holmes**

99 Trophy Club Drive

Trophy Club, TX 76262

(817) 430-5805

[www.drjanholmes.com](http://www.drjanholmes.com)

All Ages; PTSD Services offered; Relationship Counseling, Sexual Abuse, Depression, Anxiety, EMDR, Play Therapy and more. Insurance: No- We are out of Network

**Dr. Thomas Larussa**

109 East Oak #300

Denton, TX 76201

(940) 566-4691

All Ages; General Counseling

**Dr. Lisa Yvette Pierce, MD, PA**

800 Parker Square

Flower Mound, TX 75028

(972) 221-7722

**Eagle Counseling**

920 N. Locust

Denton, TX 76201

(940) 367-7253

[www.eaglecounseling.org](http://www.eaglecounseling.org)

Preteens, Adolescents, Adults, Elder (65+); Addiction, Anxiety, Codependency, Depression, Parenting, Self Esteem and more. Insurance: No

**Excel Center of Lewisville**

190 Civic Cir # 170

Lewisville, TX 75067

(972) 906-5522

[www.excelcenterlewisville.com](http://www.excelcenterlewisville.com)

All Ages; Partial Hospitalization Program, Intensive Outpatient Program, Medication Management, Group/Family Therapy, Individual therapy as needed, community drug screens

**Family Enrichment Counseling Service**

501 S. Carroll Blvd, Suite 122

Denton, TX 76201

(281) 685-9512

[www.religiousreview.com](http://www.religiousreview.com)

Bi-lingual

Adolescence, Adults, Elders (65+); Individuals, Families, Mixed Groups, Drug abuse recovery and treatment, Psychological Evaluations.

**Family Tree Program (Administered by CCD Counseling)**

1512 Scripture

Denton, TX 76210

(940) 382- 5328

[www.familytreeprogram.org](http://www.familytreeprogram.org)

All Ages; Counseling

**First Step Denton County Outreach Program**

1406 N. Corinth Suite 401

Corinth, TX 76208

(940) 497-5576

[www.firststepdenton.com](http://www.firststepdenton.com)

All ages; Substance Abuse Programs

**Flower Mound Counseling**

2901 Corporate Circle, Suite 100  
Flower Mound, TX 75028  
(972) 910-2044  
[www.flomocounseling.com](http://www.flomocounseling.com)  
All Mental Health Specialities; All Ages

**Flower Mound Family Counseling**  
4325 Windsor Center Trail, Suite 500  
Flower Mound, TX 75028  
(972) 355-8050  
[www.lyndamathis.com](http://www.lyndamathis.com)  
All Ages; Cognitive Behavioral Therapy

**Forte Counseling and Wellness Center**  
2250 Morris road suite 205  
Lewisville, TX 75067  
(972) 219-1628  
[www.fortecounselingcenter.com](http://www.fortecounselingcenter.com)  
All ages; Individual, family, couple and group counseling for depression, anxiety, grief, marriage, parenting, substance abuse vocational changes, goal setting and pain management. Insurance: No

**Fresh Perspective Counseling**  
501 Carroll Blvd.  
Denton, TX 76201  
(940) 380-1600  
[www.freshperspectivescounseling.com](http://www.freshperspectivescounseling.com)  
All Ages; Pastoral Counseling

**Gooden Counseling**  
2820 Village Pkwy, Suite 620  
Highland Village, TX 75077  
(972) 861-0060  
[www.goodencounseling.com](http://www.goodencounseling.com)  
Children, Preteens, Adolescents, Adults;  
Individual counseling for children, teens, and young adults. Also provide family therapy and parent coaching and others. Insurance: None

**Grace Counseling Center**  
105 Kathryn Dr #800  
Lewisville, TX 75067  
(800) 972-0643  
[www.grace-counseling.com](http://www.grace-counseling.com)  
All Ages (children 5+); Depression, Anxiety, Substance Abuse, Serious Mental Illness,

LGBT, Play Therapy, Evaluations Services,  
Intensive Outpatient Services. Insurance: Yes

**Greer and Associates**  
207 West Hickory Street, Suite 311  
Denton, TX 76201  
(972) 523-0000  
[www.drnichelegreer.com](http://www.drnichelegreer.com)  
All Ages; General Counseling

**Griffin Therapy Center**  
103 S. Woodrow Ln. Suite 5  
Denton, TX 76205  
(940) 765-6487  
[www.griffintherapycenter.com](http://www.griffintherapycenter.com)  
All Ages; Couples, depression, anxiety, substance abuse, anger management, parenting, probation/parole. Drug and Alcohol, Psychological Evaluations.  
Insurance: Yes

**Guiding Compass Counseling**  
4320 Windsor Centre Trail, Suite 600  
Flower Mound, TX 75028  
(972) 432-6500  
[www.guidingcompasscounseling.com](http://www.guidingcompasscounseling.com)  
All Ages; General Counseling

**Healing and Recovery**  
860 Hebron Pkwy #1102  
Lewisville, TX 75057  
(214) 562-9317  
[www.healing-and-recovery.com](http://www.healing-and-recovery.com)  
All Ages; General Counseling

**Health Services of North Texas**  
4308 Mesa  
Denton, TX 76207  
(940) 381-1501  
[www.healthntx.org](http://www.healthntx.org)  
PTSD Services Offered; Individual, Group, Family, Marital for issues related to Depression, Anxiety, Coping skills, Communication skills

**Healthy Transitions**  
6021 Morriss Road, Suite 110A  
Flower Mound, TX 75028  
(972) 754-7308

[www.kfamilycounseling.com](http://www.kfamilycounseling.com)

All ages; General Counseling

### **Heart for Your Family**

2901 Corporate Circle

Flower Mound, TX 75028

(214) 405-4030

[www.heartyourfamily.com](http://www.heartyourfamily.com)

All Ages; General Counseling

### **Hope Counseling**

316 Gibbons Road North

Argyle, TX 76226

(817) 581-4946

[www.hopecounseling.com](http://www.hopecounseling.com)

All Ages General Counseling

### **Hopemead Counseling and Trauma Center**

2601 Sagebrush Dr, Suite 104

Flowermound, TX 75028

(972) 479-5178

[www.hopemead.com](http://www.hopemead.com)

Preteens, Adolescents, Adults; Counseling for PTSD and trauma symptoms, childhood abuse, car accidents, medical trauma, pain management, somatoform conditions, infidelity, marital and more. Insurance: No

### **Hunter S Brown Counseling**

348 Rocky Shore Dr.

Little Elm, TX 75068

(214) 632-4743

[www.huntersbrowncounseling.com](http://www.huntersbrowncounseling.com)

All ages; Addiction issues, sexual acting out, relationship issues and substance abuse.

Insurance: No

### **iChange**

604 N. Bell

Denton, TX 76209

(940) 566-3600

[www.ichangetx.com](http://www.ichangetx.com)

All ages ; ADD, ADHD, Anxiety, Asperger's, Autism, Bipolar Disorder, Couples Divorce, ADD, ADHD, Disorders Testing, Mood Disorders in Teens, Depression, Coping With Suicide, LGBT and more. Insurance: Yes

### **Innovative Counseling Services**

3740 North Josey, Suite 114

Carrollton, TX 75007

(469) 774-1305

[www.innovativecounselingservices.com](http://www.innovativecounselingservices.com)

Adolescents, Adults, and Elder; Counseling for mood disorders, substance abuse issues, anger management, domestic violence, adjustment disorders. Insurance: No

### **Jack Coburn, Ph.D**

131 Degan #103

Lewisville, TX 75057

(972) 841-4864

All Ages; Substance Abuse, Mental Health counseling.

### **Jan H Seltzer**

751 Hebron Pkwy/ Hebron Office Plaza, Suite 305-A

Lewisville, TX 75057

(214) 597-4686

[www.jseltzerlpc.com](http://www.jseltzerlpc.com)

General Counseling; All Ages

### **Jennifer King Blackledge, Ph.D**

209 Travis St., Suite 105

Roanoke, TX 76262

(817) 988-9121

[www.drblackledge.com](http://www.drblackledge.com)

All Ages; Individual and couples counseling for adults. General practice with main areas of focus being couples/relationship issues, anxiety, grief, and stress management. In-network with BCBS. Opted out with Medicare.

### **Jocelyn Kendall, MEd, LPC**

3700 Forums Drive Suite 202

Flower Mound, TX 75028

(940) 784-3417

Adults, Children, Adolescents, Parents; Play therapy, activity therapy, filial therapy/parenting support, social skills groups, parenting groups

### **Jodi Valentine Consulting Services**

5200 Paige Rd.

The Colony, TX 75056

(214) 494-6287

[www.jodivalentinecounseling.com](http://www.jodivalentinecounseling.com)



General Counseling; All Ages

**Kaleidoscope Counseling**

3535 Fireweheel

Flower Mound, TX 75028

(214) 499-0396

[www.kaytrotter.com](http://www.kaytrotter.com)

All Ages; Talk Therapy, Play Therapy, Life-Coaching, Parenting, Expressive Art Therapy.

Insurance: No

**Karen Stone, LMFT, LCDC**

860 Hebron Parkway, Suite 803

Lewisville, TX 75057

(469) 867-2240

[www.tamaramcfarlandcounseling.com](http://www.tamaramcfarlandcounseling.com)

Adolescents / Teenagers (14 to 19), Adults;

PTSD services offered; Addiction,

Relationship Counseling, trauma.

**Kathryn Lamar Counseling**

415 South Elm Street Suite 101

Denton, TX 76201

(940) 453-8775

[www.lamarcounseling.com](http://www.lamarcounseling.com)

General Counseling; All Ages

**Kids First Pediatrics**

2280 Highland Village Rd, Suite 130

Highland Village, 75077

(972) 317-6000

[www.kidsfirstpediatrics.com](http://www.kidsfirstpediatrics.com)

Children, Adolescents, Preteens (can continue to be seen up to age 21) Insurance: Yes

**Kimberly Joiner King**

99 Trophy Club Ln

Trophy Club, TX 76262

(940) 595-3219

[www.drkimberlyking.com](http://www.drkimberlyking.com)

General Counseling; All ages

**Kristen Diamond**

105 Kathryn Dr #800

Lewisville, TX 75067

(817) 601-7716

General Counseling; All ages

**Lewisville Counseling Services**

751 Hebron Pkwy

Lewisville, TX 75057

(469) 645-1375

[www.lewisvillecounselingservices.com](http://www.lewisvillecounselingservices.com)

All Ages; Services for individuals 8 yrs and

older. Specialities include

divorce/separation/co-parenting, parenting

skills, depression and anxiety, loss, LGBT,

self-harming behaviors and couples.

**Life Skills Unlimited**

110 Red Oak Ln.

Flower Mound, TX 75028

(972) 724-0748

[www.lifeskillsunlimited.com](http://www.lifeskillsunlimited.com)

General Counseling; All Ages ; Insurance: Yes

**Liferview Solutions**

751 Hebron Pkwy, Suite 320

Lewisville, TX 75057

(214) 396-3848

[www.liferviewcounseling.org](http://www.liferviewcounseling.org)

Christian Counseling

**Lifeway Counseling Center**

3309 Unicorn Lake Blvd #161

Denton, TX 76210

(940) 382-0109

[www.lifewaycounselingcenter.com](http://www.lifewaycounselingcenter.com)

Adolescents and Adults; Marital Therapy, Pre-

marital therapy, Divorce recovery, substance

abuse, Life Coaching, Christian-based

counseling,

**Lisa Hobon, LCSW**

2026 W University Dr.

Denton, TX 76201

(940) 784-3357

[www.lisahoboncounseling.com](http://www.lisahoboncounseling.com)

All ages; Individual, couples, and family therapy

**Living Perspective Counseling**

3020 Broadmoor Ln

Flower Mound, TX 75022

(972) 539-7373

[www.livingperspectivecounseling.com](http://www.livingperspectivecounseling.com)

All Ages; Professional individual, family and group counseling

**MAD Skills, L.L.P**

600 Parker Square, Suites 290A, and 280F,  
Flower Mound, TX 75028  
(972) 538-1905  
[www.madskillsdfw.com](http://www.madskillsdfw.com)

**Mark Hokamp & Associates**

927 N Locust St.  
Denton, TX 76201  
(940) 387-3093  
General Counseling; Adolescent, Adult

**Marlys Lamar**

415 S. Elm St., Suite.101  
Denton, TX 76210  
(940) 566-5802

**Mayhill Hospital**

2809 S. Mayhill Rd.  
Denton, TX 76208  
(940) 239-3000  
[www.mayhillhospital.com](http://www.mayhillhospital.com)  
Adults, Elders (65+); Insurance: Yes

**McCreary Counseling**

1302 Teasley Ln  
Denton, TX 76201  
(940) 343-7491  
[www.mccrearycounseling.com](http://www.mccrearycounseling.com)  
Adults; Treatment for mental health issues including but not limited to anxiety and depression, improving relationships and more

**Melanie Epp Counseling**

2220 San Jacinto, Suite 320  
Denton, TX 76205  
(940) 594-7474  
[www.melanieeppcounseling.com](http://www.melanieeppcounseling.com)  
General Counseling; All Ages

**Michael Maxwell**

250 N. Mill St., ste 5  
Lewisville, TX 75057  
(972) 375-3934  
[www.drmiichaeljmaxwell.com](http://www.drmiichaeljmaxwell.com)  
General Practitioner; Professional Counseling

**National Alliance on Mental Illness (NAMI)**

PO Box 294131

Lewisville, TX, 75029

(469) 671-0421  
[www.namidenton.org](http://www.namidenton.org)

**Naturally You Counseling Center**

215 E University Dr.  
Denton, TX 76209  
(940) 484-6275  
[www.nat-you.com](http://www.nat-you.com)  
General Counseling; Adolescents, Adults

**Neurotherapy Associates of Texas**

4232 N. I-35E  
Denton, TX 76207  
(940) 243-7586  
[www.neurotherapyassociatetx.com](http://www.neurotherapyassociatetx.com)

**NextGen Counseling**

4325 Windsor Centre Trail, Suite 200  
Flower Mound, TX 75028  
(940) 228-2171  
[www.nextgencounseling.org](http://www.nextgencounseling.org)  
Self harm, Suicidal Ideation

**North Texas Christian Counseling**

6021 Morris Road, 106  
Flower Mound, TX 75028  
(469) 635-2200  
[www.ntchristiancounseling.com](http://www.ntchristiancounseling.com)  
Christian Counseling

**North Texas Psychiatry & Psychotherapy**

914 N Locust St.  
Denton, TX 76201  
(940) 387-6250  
[www.jerrypettycounseling.com](http://www.jerrypettycounseling.com)  
Adolescents, Adults, Elder (65+); Individual, group, couples counseling and more.

**North Texas Psychotherapy Associates**

131 Degan Ave #102  
Lewisville, TX 75057  
(972) 221-7006  
[www.robertgsnyderphd.com](http://www.robertgsnyderphd.com)  
General Counseling; Adults

**Northpointe Psychiatry**

860 Hebron Pkwy Suite 1101  
Lewisville, TX 75057

(469) 444-2244  
[www.northpointepsychiatry.com](http://www.northpointepsychiatry.com)  
All Ages; General Psychiatry

**Olive Branch Family Therapy**  
723 I-35 Frontage Rd #110  
Denton, TX 76205  
(940) 483-1789  
[www.olivebranchfamilytherapy.com](http://www.olivebranchfamilytherapy.com)  
All Ages ; Marriage and Family Counseling

**OpenDoor Counseling and Assessment Services**  
109 S. Woodrow Lane  
Denton, TX 76205  
(940) 565-0939  
[www.opendoortexas.com](http://www.opendoortexas.com)  
All Ages; Treatment for Sexual behavior issues

**Pastoral Counseling & Marriage and Family Therapy**  
9540 US-377  
Pilot Point, TX 76258  
(940) 231-4480  
[www.cracnt.com](http://www.cracnt.com)

**PsychoNeuroPlasticity Center**  
Lewisville, TX Professional Building  
571 W Main St #210  
Lewisville, TX 75057  
(972) 434-5454  
[www.pnpcenter.com](http://www.pnpcenter.com)  
All ages; Neurological Assessment

**Ranch Hand Rescue**  
8827 Highway 377 South  
Argyle, TX 76226  
(940) 367-2424  
[www.ranchhandrescue.org](http://www.ranchhandrescue.org)  
All Ages; Trauma informed counseling for a variety of issues using equine and animal assisted therapy along with other modalities.  
Insurance: Yes

**Rebecca Torres-West**  
215 West Mulberry, Suite A  
Denton, TX 76210  
(940) 293-7620

**Reflections Counseling of Denton**  
1306 N Locust St.  
Denton, TX 76201  
(940) 243-9367  
[www.dentoncounselors.com](http://www.dentoncounselors.com)  
All Ages; PTSD services offered, Counseling for sadness, stress, grief, anger, bullying, behavioral concerns, self esteem, goal obtainment, parent and child communication.

**Resolutions Counseling**  
8300 Hwy 380, Suite 400  
Crossroads, TX 76227  
(214) 347-7630  
All ages; sexually abused children and non-offender family members, general counseling

**Reves & Associates Counseling**  
2524 Lillian Miller Parkway, Suite 115  
Denton, TX 76210  
(940) 383-1207  
[www.r-acounseling.com](http://www.r-acounseling.com)

**Richard Godoy, LSCW**  
1308 Teasley Lane # 243  
Denton TX 76205  
(940) 539-9917  
PTSD services offered  
Preteens, Adolescents, Adults and Elders;  
Difficulty coping with emotions (e.g. depression, anxiety, anger), family problems, exposure to disasters, abuse, war, domestic violence. Insurance: Yes

**Sante Center for Healing**  
914 Country Club Road  
Argyle, 76226  
(940) 464-7222  
[www.santecenter.com](http://www.santecenter.com)  
Adults; For nearly 20 years Santé Center for Healing's nationally renowned staff works with patients to identify and address their core, trauma-level issues and more.

**Selah Christian Counseling**  
2116 Sheffield Ln.  
Flower Mound, TX 75028  
(214) 440-7980

**Shareen Wornson**

8300 Hwy 380  
Crossroads, TX 76227  
(940) 235-0359 or (469) 235-0359

**Sharp Family Services**

121 N. Woodrow Ln #102  
Denton, TX 76205  
(940) 312-7022

[www.sharpfamilyservices.com](http://www.sharpfamilyservices.com)

All ages; Individual, family and group counseling (adults and adolescents); substance use and psychological evaluations. Insurance:

**Stephanie Coker**

860 Hebron Pkwy., Suite 803  
Lewisville, TX, 75057  
(972) 318-9272

[www.cokercounseling.com](http://www.cokercounseling.com)

All ages; Screening, assessment, coaching, counseling, psychotherapy, coordination of care, some case management, referrals. Insurance: Private Pay.

**Stephen C. Allen, Ph.D.**

**2524 Lillian Miller Pkwy Suite 115**

Denton, TX 76210  
(817) 929-1900

[www.sallencounseling.com](http://www.sallencounseling.com)

General Counseling; All Ages

**Terrell Counseling Center**

1204 Bent Oaks, Ste. 200  
Denton, TX 76210  
(940) 382-3450

[www.terrellcounseling.com](http://www.terrellcounseling.com)

**Texas Premier Counseling Services**

250 N. Mill St., Suite 5  
Lewisville, TX 75057  
(972) 895-2502

[www.texaspcs.org](http://www.texaspcs.org)

All ages; Counseling for troubled and/or damaged parent child relationships, parenting education, family counseling, individual counseling and youth with sexual behavioral problems.

**The Answer: Psychological Services**

2301 Olympia Dr. Suite 100  
Flower Mound, TX 75028  
(920) 412-7793

[www.drgabriel-psychologist.com](http://www.drgabriel-psychologist.com)

**The Colony Counseling Center**

5600 N .Colony Blvd  
The Colony, TX 75056  
(972) 625-7407

**The Costello Clinic**

2820 Village Pkwy. Suite 620  
Highland Village, TX 75077  
(972) 317-2082

[www.costelloclinic.com](http://www.costelloclinic.com)

**Tricia Gagnon**

105 Kathryn Dr #1200  
Lewisville, TX 75067  
(469) 556-5234

[www.triciagagnonlpc.com](http://www.triciagagnonlpc.com)

Psychiatry; All ages

**TWU Counseling and Family Therapy Clinic**

1202 Old Main Circle Human Dev. Building,  
Rm 114

Denton, TX 76204

(940) 898-2600

[www.twu.edu/family-sciences/counseling-family-therapy-clinic.asp](http://www.twu.edu/family-sciences/counseling-family-therapy-clinic.asp)

All ages; individual counseling, marital/relationship counseling, family therapy, group counseling and play therapy.

**United Through Hope**

503 Bolivar  
Denton, TX 76201  
(866) 857-7751

[www.unitedthroughhope.org](http://www.unitedthroughhope.org)

Children, Preteens, Adolescents; group social skills and gatherings for anyone needing to develop and build confidence when interacting with others. Social skills are based on the premise of leadership and that anyone can be a leader.

**University Behavioral Health**

2026 W University Dr.  
Denton, TX 76201  
(940) 320-8100

[www.ubhdenton.com](http://www.ubhdenton.com)

Preteens, Adolescents, Adults; Inpatient, Partial Hospitalization (PHP) and Intensive Outpatient (IOP) for adolescents and adults struggling with mental health and substance abuse symptoms.

Insurance: Yes

### **UNT Child and Family Resource Clinic**

1155 Union Circle #310829

Denton, TX 76203

(940) 565-2066

[www.coe.unt.edu/child-and-family-resource-clinic](http://www.coe.unt.edu/child-and-family-resource-clinic)

Adults; Therapy, including animal assisted therapy. Insurance: Yes

### **UNT Counseling and Human Development Center**

425 South Welch Street

Denton, TX 76201

(940) 565-2970

[www.coe.unt.edu/counseling-and-human-development-center](http://www.coe.unt.edu/counseling-and-human-development-center)

### **UNT Counseling and Testing Center**

1800 W. Chestnut Street

Denton, TX 76201

(940) 565-2094

[www.studentaffairs.unt.edu/counseling-testing-services](http://www.studentaffairs.unt.edu/counseling-testing-services)

Individual Counseling, Group Counseling, Couples Counseling, Assessments, Consultation, Education & Outreach

### **UNT Psychology Clinic**

1611 W. Mulberry St., room 171

Denton, TX 76203

(940) 565-2631

[www.psychology.unt.edu/clinics-and-centers/psychology-clinic](http://www.psychology.unt.edu/clinics-and-centers/psychology-clinic)

The Psychology Clinic is a non-profit clinic that serves as a supervised training facility for advanced Ph.D.-level student clinicians.. Psychology Clinic services are directed toward prevention, evaluation, and intervention.

### **UNT Substance Abuse Resource Center**

1800 Chestnut St.

Denton, TX 76203

(940) 565-2787

[www.studentaffairs.unt.edu/sarc](http://www.studentaffairs.unt.edu/sarc)

### **Waterford Academy**

1033 Long Prairie Rd. #3

Flower Mound, TX 75022

(972) 355-9083

[www.waterfordacademyllc.com](http://www.waterfordacademyllc.com)

### **Winning The Fight**

PO Box 271661

Flower Mound, TX 75027

(972) 467-7704

[www.wtf-winningthefight.org](http://www.wtf-winningthefight.org)

Preteen, Adolescent, Adults. We provide free Education, Support and Resources for families dealing with Substance Abuse.

### **Youth and Family Counseling**

105 Kathryn Dr. Suite 3A

Lewisville, TX 75067

(972) 724-2005

1980 E. University Drive, Denton TX. 76209

(972) 724-2005

[www.youthandfamilycounseling.org](http://www.youthandfamilycounseling.org)

All ages; We offer individual, couples, family, and play therapy on a sliding scale. We work with a wide range of presenting problems, and can address most issues that are treated with once-a-week, outpatient counseling.