

1. With regards to children’s mental health in Denton County, what are the biggest needs?

- Advocacy
- Awareness without stigmatization
 - Reduce stigma
 - Anti-stigma
- Affordable services
 - Inpatient
 - Medications
 - Long term care
- Accessible services
 - Transportation
 - Flexible hours
 - Openings
- Education about mental health to the community
 - Education for non-mental health professionals who work with kids about how mental illness can manifest
 - Understanding of children’s development
- Linkages and discussion with stakeholders
 - Increase awareness and discussions with stakeholders
- Continuing education for providers
 - Misdiagnoses
 - Overmedicated
- More parental involvement at Summit/Workshop
- Activities: Denton Benefit League, Lions, Kiwanis, Rebekah Lodge, Mason’s, I.O.O.F.
- Bilingual services
- Support for families
 - Family advocates
 - Family counseling
- More resources
 - Psychiatrists
 - Dr. Creson
- Pediatricians better trained/certified/psychiatric nurse practitioners
 - Education of pediatricians to coach and inform parents about behavioral health
- Awareness of resources and guide
- Funding

2. What barriers does Denton County face to improve mental health services?

- Lack of providers (need exceeds resources)
 - Small number of providers that take Medicaid/CHIP
 - Not affordable
 - Lack of bilingual
 - Capacity
 - Variety of services
- Lack of buy-in and community support
 - Outreach to non-mental health professionals
 - Awareness
- Breaking the stigma of mental health
 - Education to parents
- Knowledge of those seeking services
- Lack of funding and financing
- Lack of “real” collaboration
- Transportation
- Accessible hours
- Geographic barriers
- Involving the rural communities
- Small town mentality/language/literacy
- Bring providers into the schools

3. What information or functions on the WATCH website would be most beneficial for you as a professional?

- Community calendar of events (4)
- Messages to reduce stigma (3)
- Discussion forum (3)
- Research of evidence-based practices (3)
- Tools to use with clients (2)
- Skill building tools (1)

4. With regards to children's mental health, what are the community resources you access most?

- MHMR – no insurance (8)
- Primary care providers (4)
- Schools (4)
- University of North Texas Play Therapy Center (2)
- Individual providers (2)
- Texas Department of Family Protective Services (2)
- Internet
- Family Tree CCD Counseling
- Intensive Outpatient
- Advocacy Center
- Excell Center
- University Behavioral Health
- CASA
- Court system
- Psychiatrists
- Social skills groups
- Transportation services
- Social security office
- Food banks
- Social services organizations
- Hospitals
- CRC
- Linking Tree
- United Way yellow book 211

5. What do you see as the next steps for the WATCH coalition to take?

- Maintain current collaborations
- Expand awareness of services available
 - Develop a resource guide/directory
 - System of Care directory
- Move into childhood obesity
- Get families involved
- Spread the word (to increase awareness and increase funding opportunities)
 - Marketing
 - Communicate all the good work you are doing
 - Promotion
 - Community goals to partners and having good follow through
 - Inform members/community/providers about ways to get involved, help, or contribute
- Infrastructure support
- Bilingual website
- Broaden the base
 - Reach out to non-mental health community
 - Ask for involvement from community members, professionals, etc.
 - Have the leadership from the community
- Setting goals
- Advocacy with legislators
- Task force to establish and maintain linkages
- Community events calendar
- Easy to use resources for primary care providers
- Community events