



Summer Resource Guide 2014

Mental Health Emergency – OPEN 24 hours 7 days a week – 940-381-9965

MHMR of Denton County- Psychiatric Triage Clinic
2509 Scripture, Suite 100
Denton, TX 76201

<http://www.dentonmhm.com/CTRIAGE/index.html>

Lewisville Medical Center Emergency Services – 972-420-1000

<http://lewisvillemedical.com/our-services/emergency-services.dot>

Texas Health Resources Flower Mound Emergency Services-469-322-7100

<http://www.texashealthflowermound.com>

Low or no cost counseling – appointments required

Youth and Family Counseling – 972-724-2005

<http://www.youthandfamilycounseling.org>

CCD/Family Tree Counseling – 800-382-5328 (English) 800-972-3416 (Spanish)

<http://ccdounseling.com>

MHMR of Denton County – Help line – 1-800-762-0157

<http://www.dentonmhm.com/mentalhealth.html>

Mental Health Assessments and inpatient/outpatient programs

The Excel Center of Lewisville – 972-906-5522

<http://www.excelcenterlewisville.com>

Seay Center of Plano- 972-981-8300

<http://www.texashealth.org/behavioral-health-services>

University Behavioral Health Denton – 940-320-8100

<http://ubhdenton.com>

Substance abuse assessments and treatment

The Right Step – 855-543-9194

<http://www.rightstep.com>

Viveri (Richardson) Waterford (Flower Mound) 866-439-0355

<http://www.viverillc.com>

Phoenix House (offer scholarships to help offset costs to those with little/no insurance)
888-286-5027

<http://www.phoenixhouse.org/locations/texas/>

Watch Dog Solutions – drug testing – 800-972-2054

<http://watchdog-solutions.org>

Community Resources – Community events, counseling/crisis intervention, basic needs

WATCH (Wellness Alliance for Total Childrens Health) Coalition of Denton County/Cook Children's

<http://www.watchdenton.org>

MHMR of Denton County- 1-800-762-0157

<http://www.dentonmhmr.org/mentalhealth.html>

CCA of Lewisville- 972-221-1224

<http://ccahelps.org>

Salvation Army of Lewisville – 972-353-9400

<http://www.salvationarmydfw.org/p/locations/lewisville>

Group Counseling

1. Tiffany Smith Counseling 214-405-4030 or tiffany@heartyourfamily.com
 - Girl Talk – Middle School Self Esteem group – Wednesdays 2pm beginning June 11th
 - Chaotic Emotions – High School Anxiety Depression group –Wednesdays at 3pm beginning June 11th
 - My Healthy Relationships – Teen group – Thursdays at 4pm beginning June 19th
 - Girl Power – High School Self Esteem group – Thursdays 2pm beginning June 19th
 - Courage to Change – Substance Abuse group for teens – Mondays 7pm beginning June 6th
 - Parent and Child Behavioral group – For families with Elementary aged children with behavioral problems – Thursdays 5pm beginning June 19th
 - Making and Keeping Friends for Girls – Social Skills group for elementary school girls – Thursdays at 4pm beginning June 12th
 - Making and Keeping Friends for Boys – Social Skills group for elementary school boys – Mondays at 2pm beginning June 12th
 - Healthy Happy Me – Day camp for elementary school children – June 23rd- June 27th 9am-12pm

2. Lori Vann Counseling – 214-270-6966 or <http://www.lorivanncounseling.com/17.html>
Self injury group for girls – see website or call for details
Caregivers support group see website or call for details

3. Gooden Counseling – 972-318-9272
<http://www.goodencounseling.com>
 - Girls' "SAS" Group
 - (Social Anxiety & Shyness in Middle School)
 - (Social Anxiety & Shyness in High School)
 - Boys' Social Skills & Transition Group

- (9-12 year old males)
- ABC's of Wellness: Assertiveness, Boundaries, & Communication
 - (High School Girls)
- Surviving My Parent's Divorce!
 - (Middle School & High School Boys and Girls)
- Parenting Skills Training
(Positive Parenting Skills & Strategies to Increase Effectiveness)

4. Living Perspective Counseling -972-539-7373

<http://www.livingperspectivecounseling.com>

On- going groups for adolescents – see website or call for details

5. Journey to Dream group - 214-738-2989 jessica@journeytodream.com - FREE

On-going group for kids age 14-18 - Thursdays 4pm

Held at First United Methodist Church of Lewisville

6. Grant Halliburton Foundation Peer Support Group – 214-456-2416 - FREE

<http://www.iamherecoalition.org/livingroom.html>

Two location options/days/times – call or see website for details

*** Lewisville ISD does not endorse any provider. The above information is provided for informational purposes only.