

BARRIERS WITH TRANSITION OF CARE


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OVERVIEW


- Awareness
- Questions
- 4 Barriers
 - Community to hospital
 - Hospital to community

SYSTEMIC BARRIERS-COMMUNITY TO HOSPITAL

- ❑ Limited hospital beds
 - ❑ Authorizations
 - Hospital vs. provider's forms
 - Early the better!
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SYSTEMIC BARRIERS-COMMUNITY TO HOSPITAL

Hand-off Communication

- Reason for referral to hospital
 - Next provider appointments-required for hospital discharge
 - Effective interventions
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SYSTEMIC BARRIERS-COMMUNITY TO HOSPITAL

Length of Stay

- Inpt. 5-7 days-Crisis stabilization
 - PHP 2-6 weeks-Coping skills
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SYSTEMIC BARRIERS-COMMUNITY TO HOSPITAL

Insurance

- Criteria for inpatient or PHP level of care
 - Caregiver anxious and potential for incomplete reasons for hospital ED visit
 - ASD-not baseline behaviors
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SYSTEMIC BARRIERS-HOSPITAL TO COMMUNITY

Authorizations

- Inpatient LOS short – difficulty with setting appts. for Auths.
 - Shortage of psychiatrists to see child within 30 days of discharge
 - Agency paperwork-proof of residency, birth certificates, social security card, proof of income
 - New client vs. established
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SYSTEMIC BARRIERS-HOSPITAL TO COMMUNITY

Hand-off Communication


- Poor communication regarding goals achieved
 - Medications failures & successes
 - Reasons for additional referrals and testing
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SYSTEMIC BARRIERS-HOSPITAL TO COMMUNITY


Length of Stays/Insurance

- ASD/IDD-"Scared Straight"-Insurance denial-same aggressive behaviors return
 - Different Insurance requirements
 - Medication prior authorizations
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PATIENT BARRIERS-COMMUNITY TO HOSPITAL

- ❑ Fears of hospitalization from movie/TV
 - ❑ Separation from family
 - ❑ Missing school and being behind
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PATIENT BARRIERS-HOSPITAL TO COMMUNITY

- ❑ Refusing to attend appts
 - ❑ Medication denial by insurance or patient
 - ❑ Fears of returning to school and explaining absence due to hospitalization
 - ❑ Anxiety of being behind in school/activities
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FAMILY BARRIERS-COMMUNITY TO HOSPITAL

- ❑ Financial-no insurance/limited hospitals
- ❑ Hospital visitation- hours/age of siblings
- ❑ Caregivers cannot spend the night
- ❑ Confidentiality-passwords
- ❑ Missing work for inpatient appointments
- ❑ Negative influence by peers
- ❑ Refusal of medications-delay of recovery or insurance denials

FAMILY BARRIERS-HOSPITAL TO COMMUNITY

- ❑ Transportation issues
 - ❑ Language barriers
 - ❑ Caregiver's not following up with appts.
 - ❑ Lack of medication supervision-OD risk
 - ❑ Busy family schedules-lack of self-care by parents
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OTHER BARRIERS-SCHOOL, CHURCH, COACHES

- ❑ Gifted children-anxiety and being behind in school
 - ❑ Hospital schedule full with limited visitation times/might limit to immediate family
 - ❑ Calls-must have password
 - ❑ Negative stigma regarding mental health hospitalizations
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