

**In addition to the Crisis
hotline, Crisis staff are
accessible by walk-in to the
following locations during
normal business hours:**

Denton Outpatient Clinic

2519 Scripture

Denton, TX 76201

940-381-5000

Flower Mound Outpatient Clinic

1001 Cross Timbers Road Ste. 1250

Flower Mound, TX 75028

214-488-0121

Weekday Clinic Hours:

Monday-Friday

8 AM– 5 PM

**Questions, comments or
concerns about
Denton County MHMR?**

**Please visit us on the web at
www.dentonhmr.org or call
(940) 381-5000**

If you or someone you know is
having thoughts of suicide,
homicide, both or have
deteriorated to where they are a
risk of harm to themselves or
others, call the Denton County
MHMR Crisis Hotline

**CRISIS HOTLINE:
1-800-762-0157
TTY: 1-800-269-6233**

***Mission:
Denton County MHMR
Center enhances the
quality of life of the
individuals served and
their family members.***

PHYLLIS FINLEY
COMMUNITY OUTREACH
COORDINATOR

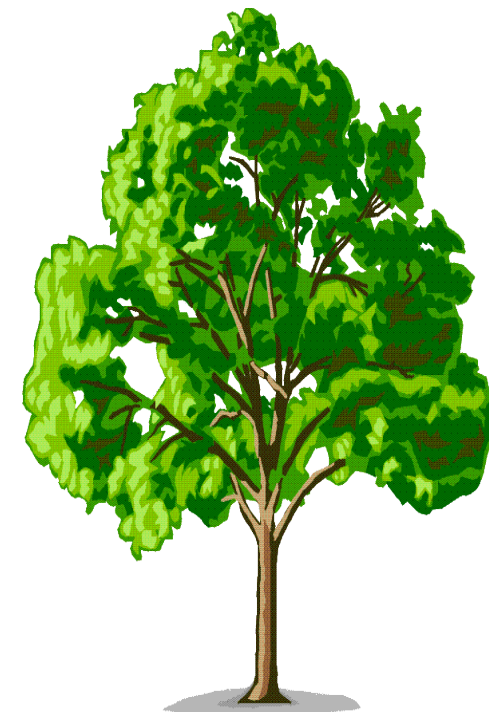
PHYLLIS@DENTONMHMR.ORG

(940) 565-5295



**Denton County
MHMR Center**

THE LOCAL MENTAL HEALTH
AND IDD SERVICES AUTHORITY
FOR DENTON COUNTY



**MOBILE CRISIS
OUTREACH TEAM
ACCESS AND SERVICES**

*DCMHMR Crisis Team:
Here When You Need Us*

Help is available
24 /7 through the
DCMHMR
Crisis Line and
Psychiatric Triage
Facility

1-800-762-0157

TTY CRISIS LINE

1-800-269-6233

Denton County MHMR provides a crisis hotline service accredited by the American Association of Suicidology (AAS). The hotline staff provide information, support, intake appointments, intervention and referrals to callers.

Psychiatric Triage
2509 Scripture
Medical Building 5 - Ste. 100
Denton, TX 76201

Crisis Services

Mobile Crisis Outreach Team

Through the 24 hour hotline, face-to-face clinical assessments with individuals determined to be in imminent crisis are available 24 hours a day / 7 days a week. Assessments are provided by a professional team with the purpose of determining an individual's risk of harm to him/herself and/or to others and the least restrictive treatment setting in which an individual can safely receive mental health services.

Denton County MHMR offers an intensive outpatient crisis program that provides needs based and time limited services to individuals that qualify.

Crisis Outpatient Services offers:

- ◆ Psychiatric services
- ◆ Medication
- ◆ Cognitive behavioral counseling
- ◆ Case management
- ◆ Referrals to outside organizations

Acute Risk Factors for Suicide

Just Remember
IS PATH WARM

- I - Ideations of suicide either threatened or Communicated
- S- Substance use increase or change
- P- Purposelessness
- A- Anxiety/Insomnia
- T- Trapped
- H- Hopeless

- W- Withdrawn
- A- Angry/Revenge Seeking
- R- Reckless Behavior
- M- Extreme Mood Swings

What can you do?

- Ask the person directly about suicide.
- Persuade the person to get help.
- Refer for help. Call the DCMHMR hotline and/or emergency services if they refuse.