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DCMHR CENTER

Serving all of Denton County

North Denton County

Denton Outpatient Clinic

2519 Scripture
Denton, TX 76201
(940) 381-5000
Mailing:
P.O. Box 2346
Denton, TX 76202

MOPC

3835 Morse St.
Denton, TX 76208
940) 891-0970

COPC

2509 Scripture
Denton, TX 76201
(940) 381-9965

MORSE ST.

3827 Morse St., #101
Denton, TX 76208
(940) 381-1751

South Denton County

Flower Mound Outpatient Clinic

1001 Cross Timbers Road
Suite 1250
Flower Mound, TX 75028
(214) 488-0121

Weekday Hours, All Locations: M-F, 8:00 a.m. – 5:00 p.m.

Evening hours available (see below)

Evening Hours:

Adult Services - Tuesday until 7:30 p.m., **DOPC**

Medication Room - Tuesday until 7:30 p.m., **DOPC**

Medication Room – Monday until 7:00 p.m., **LOPC**

Crisis Lines

Denton 940-387-5555
Toll Free 1-800-762-0157
TTY 1-800-269-6233

MENTAL HEALTH SERVICES

Assertive Community Treatment (ACT Team)

The ACT Team is a mobile outreach program with the capability to provide an array of mental health and support services to a high-risk population of consumers with mental illness. The ACT team provides skills training in a multitude of areas to assist individuals in learning to sustain in the community.

Community & Hospital Liaison

Staff members monitor and advocate on behalf of consumers admitted to in-patient treatment and facilitate the individual's transition to community based services.

Psychosocial Rehabilitation

Psychosocial rehab is a community based program designed to help individuals move toward independence and increase their involvement in the community by encouraging them to set personal goals. Staff members provide skills training designed to help the individual attain those goals while monitoring and encouraging progress, assessing needs, and linking them with community resources.

Crisis

Hotline – 24 Hour Availability
Our crisis hotline is available 24 hours per day 7 days per week. It is answered by Qualified Mental Health Professionals (QMHPs) certified by the American Association of Suicidology to be crisis workers. The crisis line can be accessed by calling 1-800-762-0157.

Mobile Crisis Outreach Teams (MCOT) – 24 Hour Availability
Crisis staff provide a clinical assessment to individuals in Denton County experiencing psychiatric crisis 24 hours a day. Crisis MCOT teams respond anywhere in Denton County. During assessments, MCOTs determine the least restrictive treatment setting in which a client can safely receive psychiatric treatment. Referrals and treatment options are provided to resolve a client's crisis situation. Our MCOTs also provide follow up for individuals within 24 hours following a crisis assessment to provide further assistance in contacting referrals and accessing necessary treatment options.

Psychiatric Triage Facility-24 Hour Availability
Our psychiatric triage facility is a 24 hour walk in clinic. Individuals experiencing a psychiatric crisis are able to walk-in and receive a comprehensive risk of harm assessment. Staff will provide clients with a least restrictive treatment recommendation and provide referrals and treatment options to most

appropriately resolve his/her crisis situation. The Psychiatric Triage facility can be contacted by calling 940-381-9965.

Crisis Residential Unit:
The Crisis Residential Unit (CRU) provides short-term, community-based residential, crisis treatment to persons who may pose some risk of harm to self or others and who may have fairly severe functional impairment. The CRU provides around the clock supervision by Qualified Mental Health Professionals (QMHPs) and at least 4 hours per day of group skills training, as well as individualized treatment plans and discharge plans. The average length of stay at the CRU is 7-10 days with a maximum stay of 14 days. All referrals from the CRU must be made through our MCOT or Psychiatric Triage staff.

Intake and Referral (Open Access)

Denton County MHMR provides immediate access to clients for the Intake process. DCMHMR offers assessments by licensed professionals to provide a mental health evaluation that determines eligibility for services. Individuals have immediate access to this evaluation by calling the DCMHMR hotline at 1-800-762-0157 for a prescreening, and if determined eligible from the prescreening, the individual may come into the Center for an assessment the next day or up to 30 days after the prescreening between 8a-1p Monday-Friday at the Flower

Mound or Denton Location. Bring proof of residency.

The Center for Integrated Health Care

Designed to provide primary care and behavioral health services to the needs of DCMHMR's individuals and the community as a whole.

For scheduling or to contact team by phone, call: (940) 222-2326

Volunteer Services

DCMHMR maintains a vital Volunteer Program. Our volunteers are primarily composed of university students, high school students, and participants in the county community restitution program. New volunteers are placed at the Center each semester. Student volunteers can choose an internship position or a general volunteer position. Groups are welcome to assist in hosting food drives or assisting with Gardening Days. In addition to service areas, volunteers serve on advisory committees and as trustees for our governing board.

Volunteer Positions

- MH Case Manager Assistant
 - IDD Case Manager Assistant
 - Medical Records Assistant
 - Psychiatric Clinic Assistant
 - Clerical Assistant
 - Community Service
- For more information, please contact:

Volunteer and Event Coordinator (940) 565-5282

MISSION STATEMENT

The mission of Denton County MHMR is to enhance the quality of life of the individuals served and their families.

VALUES STATEMENT

Denton County MHMR respects each individual's unique and special concerns by providing assistance to best fit their needs, that enhances their ability to live a full and dignified life, and that celebrates the contributions all individuals make to our community.

Our core values are:

- individual worth**
- respect**
- compassion**
- integrity**
- dignity**
- community inclusion**
- choice**
- opportunity**

VISION STATEMENT

We envision a Denton County MH/IDD Center...

- that provides effective, comprehensive and timely services to all persons in need
- that employs a qualified, motivated and caring staff that strives to make a difference in the lives of those they serve
- that offers state-of-the-art high-quality facilities to assist individuals in living full and productive lives.

Questions, comments or concerns about Denton County MHMR? Please visit us on the web at: **www.dentonmhmr.org** or call (940) 381-5000.

Supported Housing

Individuals who qualify for Supported Housing will receive training in seeking, obtaining, and maintaining housing. Staff will assist individuals with the goal of maintaining independent living. Individuals who qualify will work with a case manager to identify specific housing goals and participate in training designed to achieve these goals.

Connections

Permanent / supported housing program funded through a Housing and Urban Development grant that provides mental health rehabilitation and residential services to the homeless.

Psychiatric

Individuals are provided evaluation and treatment options that may include medication, monitoring, and clinical consultation by a qualified professional.

Case Management

Case managers serve as a single point of contact for individuals served by advocating for, monitoring, and coordinating mental health and substance abuse services. Case managers work with individuals to develop a plan for recovery that incorporates the individual's goals. Case managers conduct assessments to identify an individual's needs, will provide linkage with services at the Center, and will provide referrals to other community resources to help address those needs.

Supported Employment

Individuals who qualify for Supported Employment will receive training in seeking, obtaining, and maintaining employment. Services include assistance with job applications, job search skills, interviewing techniques, and support with maintaining employment.

Crisis Prevention Team

This program works to connect with individuals in the community that may or may not be a client in DCMHMR services in an effort to provide support and rapport to decrease the frequency of hospitalizations and police involvement needed.

IDD SERVICES

The following information provides a brief description of services and supports for individuals with intellectual developmental disabilities (IDD) provided by the Center. Some of the following services and supports have an interest list because they are not currently available. If a particular service or support is desired, contact the Center's IDD Intake Coordinator at: 940-565-5249

Eligibility Determination

Eligibility determination involves assessing the individual to determine eligibility for IDD services. The process includes evaluating the person for the presence of intellectual and developmental disorders and determining the level of support needed for the person to function and remain in the community. The individual's intellectual and adaptive strengths are evaluated to determine the appropriateness of admission and guide recommendations for services and further assessments. For an appointment or more information call the IDD Intake Coordinator at: 940-565-5249.

Service Coordination

Service Coordinators assist individuals to access medical, social, educational, and other appropriate services and

supports that will help achieve a quality of life and community participation desired by the individual. The service coordinator links individuals to service providers and other agencies to meet their support needs.

Community Support

Community support services provide individualized activities based on the individual's desired personal goals. Services are provided at the individual's home and at community locations. Supports include activities that foster and promote people's ability to perform functional living skills. Supports also include transportation to work and medical providers. Community support promotes participation in the community and activities that help preserve the family unit and community placement.

Respite Services

This service provides either planned or emergency relief to the unpaid caregiver on a short term basis when the caregiver is temporarily unavailable. Respite is provided by trained staff and can occur in the individual's home or another location.

Crisis Residential and Intervention Services for IDD

Individuals diagnosed with an Intellectual and Developmental Disability that are at risk of being in crisis such as being a danger to self or others as well as mental or physical health being at risk of deterioration can be eligible for services

that can include therapeutic support, development of personalized prevention and stabilization plans to reduce potential crisis events, training as well as a short-term residential option. The goal of the program is to reduce re-admission to inpatient psychiatric and correctional facilities as well as law enforcement involvement.

Employment Assistance

Employment assistance helps individuals obtain paid, competitive employment in the community. It includes helping identify employment preferences, job skills, and work requirements.

Supported Employment

This service is provided to an individual who has paid competitive employment in the community. It provides support to help sustain that employment.

Specialized Therapies

This service provides assessment and treatment by licensed or certified professionals in the areas of counseling, occupational therapy, physical therapy, speech and language therapy, audiology, dietary and behavioral supports.

Vocational Training

This service provides vocational skills training in a sheltered workshop in order to provide individuals with work-oriented experiences.

Day Habilitation

Day habilitation provides assistance with acquiring and improving self help, socialization

and adaptive skills related to community living. Day habilitation is provided in a group setting on a regularly scheduled basis and includes personal assistance for individuals who need help managing their personal care needs.

Home and Community Based Services (HCS) & Texas Home Living (TxHmL)

These are Medicaid waiver programs which offer the following services to enrolled individuals: adaptive aids, minor home modifications, dental, audiology, dietary, nursing, specialized therapies, day habilitation, respite, employment assistance or supported employment, and community support. Additionally, the HCS program offers foster care and group home residential options.

Contact the IDD Intake Coordinator or go to the Department of Aging and Disability Services website www.dads.state.tx.us to obtain additional information about other services and supports.

Guardianship Program

The Denton County MHMR Guardianship Program is the public option for individuals that require a guardian. All referrals come directly and only from the Denton County Probate Court once criteria for the program is met. The program offers free training to the community on a quarterly basis and CEU's are provided.

Denton County MHMR Center



Directory of Services

The Local Mental Health and Intellectual &
Developmental Disabilities Services
Authority for Denton County