

Innovations

Mesa Springs



WE TREAT:

Depression | Risky Behaviors
Aggression | Defiance
Self-Harm | Low Self-Esteem
Anxiety | Mood Swings
Low Social Skills
Inability to Cope



Child & Adolescent Day Programs (Ages 5 - 18)

About Innovations

Innovations is a mental health treatment program offered by Mesa Springs Hospital for children and adolescents ages 5-18.

Children and adolescents require a genuine understanding combined with structure in order to succeed. There are many triggers children and teenagers experience that affect their emotional or social development. The added pressures associated with online activity can also contribute to severe emotional distress and unhealthy behaviors.

Innovations provides a Partial Hospitalization Program (PHP) and Intensive Outpatient Program (IOP) for children in elementary, middle and high school. Innovations provides a welcoming, non-judgmental atmosphere where children can feel safe, allowing positive outcomes in treatment.

Therapies included in programming:

- Four hours of intensive group therapy per day
- Family therapy for education and support
- Recreational and art therapy
- Dual diagnosis groups
- Medication management

Education Services

Innovations offers academic instruction for grades K – 8, as well as an accredited high school program through Cassata High School. Students receive an individualized approach adapted to their needs.



Youth Alumni Services

In an effort to reinforce progress and build resiliency in children and adolescents, Innovations offers youth alumni support. Members from our alumni are actively involved as guest speakers in support of our programs. An annual reunion for alumni is an opportunity to celebrate accomplishments and reconnect with our team.

Continuous Education Units (CEU)

To increase education and awareness in the community, Innovations provides CEU opportunities on various topics surrounding mental health throughout the year.

To make a referral or arrange an evaluation, please call the program nearest you.

NORTHWEST

12412 Timberland Blvd.
Suite 300
Fort Worth | TX 76244
682.593.6001

FORT WORTH

6421 Camp Bowie Blvd.
Suite 200
Fort Worth | TX 76116
817.841.8002

ARLINGTON

4935 S. Collins St.
Suite 101
Arlington | TX 76018
682.320.2800

Insurance

Innovations accepts most insurance plans. Please contact our business office for assistance with insurance benefits and payment options.

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