

VISION:

Because every child deserves hope, the **Denton County** community dedicates its unified resources to equip our children to reach their full potential mentally, physically and socially to achieve their maximum personal success.

About us

- The coalition is focused on improving the mental health of children by increasing awareness of and access to mental health services in Denton County.

Why mental health

- Mental health coexists with many other health issues such as bullying and obesity.
- Increasing awareness of and access to mental health services are important for helping families recognize and manage mental health issues¹.

¹ Cook Children's (2018). Community Health Needs Assessment: Community-wide Children's Health Assessment and Planning Surveys

Key programs

- Okay to Say™ – Initiated by Meadows Mental Health Policy Institute, This programs fuels open conversations about mental health and encourages Texans to speak up and share hope to support friends and family with a mental health concern.
- Children's Feelings Are a Work of Art – A collaboration with partners and community organizations to raise awareness about children's mental health in Denton County.
- WATCH Wellness Workshops – Educational opportunities about children's mental health for community members.

Strategic plan objectives

- Engage Denton County community to improve children's health.
- Sustain a strong network of quality mental health services to support families and children.
- Increase access to information and resources for children, parents and community members.
- Monitor health issues for Denton County children to allow for informed decision making.



For more information, contact
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Involvement opportunities

- Attend coalition meetings to receive coalition updates and learn about volunteer opportunities.
- Plan, facilitate or attend community-driven events such as the Children's Feelings Are a Work of Art Contest and Gallery and WATCH Wellness Workshops that support families and children.
- Help develop and maintain positive key messages about children's mental health.
- Promote coalition's key messages, children's mental health events, professional development opportunities or social media.
- Contribute to watchdenton.org content.

Membership benefits

- Network with community leaders and service organizations.
- Increase Denton County's access to children's mental health resources and education.
- Broaden your knowledge and experience while contributing to the health and wellness of Denton County's community.

Key messages

- Mental health coexists with many other health issues such as bullying and obesity.
- Increase awareness and access for helping families recognize and manage mental health issues.

